



How to Register for BetterMynd In less than 5-Minutes

Scan the QR code using your camera to begin



Open the camera app on your phone, then scan the QR code in the upper right-hand corner.

01

Tap the notification that pops up to open the link and proceed with registration. If you don't have access to a camera, you can register at this link: <https://app.bettermynd.com/?idp=elcamino>



You now have a BetterMynd account! Read the terms and conditions.

02

Then fill out a few brief questions about yourself.



Take a brief intake survey.

03

This allows BetterMynd to help match you with the best counselors and resources for your specific needs.



You now have access to your student dashboard. View counselors and schedule your first session.

04

This is also where you'll attend your online therapy sessions. You can also browse upcoming wellbeing workshops and reserve your spot.

Pro Tips

Be sure to monitor your Credits.

Credits allow you to book individual online therapy sessions and wellbeing workshops. Your available credits can be found on the left-hand side of your dashboard under the "Credits" tab.

Questions or concerns? Email support@bettermynd.com and the BetterMynd team will assist you.