

# SPRING '25 SELF-CARE *Fair*

**CHOOSE YOUR ADVENTURE!**

**11:30 AM - 1 PM  
ECC LIBRARY**



## *Sound Bath*

**WEST READING ROOM**

**11:30 AM & 12:15 PM (2 SESSIONS)**  
RELAX YOUR BODY & MIND WITH A  
MEDITATIVE SOUND BATH.



## *Pickleball*

**LIBRARY PATIO**

GRAB A PADDLE AND PLAY ONE  
OF THE HOTTEST OUTDOOR  
GAMES AROUND!



## *Therapy Dogs*

**RESEARCH CENTER**

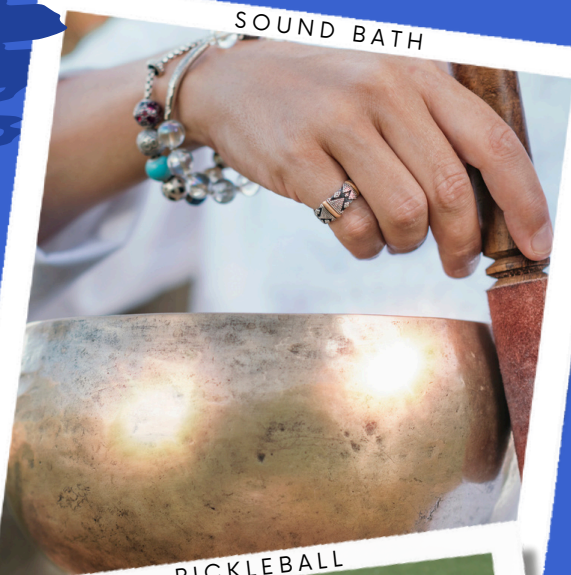
TAKE A "PAWS" TO DESTRESS  
WITH SOME FRIENDLY PUPS.



## *Plantitas*

**LIBRARY LAWN**

MAKE & TAKE A MINI POTTED  
PLANT.



SOUND BATH



PICKLEBALL



THERAPY DOGS



PLANTITAS

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## *Rolled Beeswax Candles*

### RESEARCH CENTER

MAKE AND TAKE YOUR OWN  
BEESWAX CANDLES TO ENJOY!



## *Squeegee Art*

### RESEARCH CENTER

MAKE A COLORFUL PIECE OF  
ABSTRACT ART USING PAINT AND  
A SQUEEGEE.



## *Flower Pressed Bookmark*

### RESEARCH CENTER

MAKE YOUR OWN BOOKMARK  
WITH PRESSED FLOWERS.



## *Painted Rock Photo Stand*

### RESEARCH CENTER

CREATE A PAINTED ROCK PICTURE  
STAND PERFECT FOR YOUR HOME,  
OFFICE OR AS A GIFT!

**Agua Fresca &  
Snacks in the Lobby.**