International Student Newsletter



International Education Week

Vol. 7 November 2024

International Education Week (IEW) is here from **November 18–22!** This global celebration highlights the benefits of international education and cultural exchange, bringing students together to learn, share, and connect.

What is IEW?

International Education Week (IEW) is a global event celebrating the benefits of international education and cultural exchange. It's a time for students to explore new cultures, make connections, and celebrate diversity on campus and beyond

Why International Education Matters

IEW provides a unique opportunity to explore the impact of international education on global understanding, respect, and cooperation. For students, it's a chance to immerse themselves in different cultures, broaden their worldviews, and gain valuable skills that benefit them in an interconnected world.

What's Happening during the week?

Here's the lineup of special events happening throughout the week. Make sure to mark your calendars and join in the celebration!



INTERNATIONAL STUDENT PROGRAMS

Photo contest IEW 2023



Monday, Nov 18: Free Donuts at the ISP

Start the week off with a sweet treat! Stop by the International Student Program (ISP) office for free donuts and a warm welcome to IEW.

Tuesday, Nov 19: Friendsgiving

Celebrate a traditional Thanksgiving meal with an international twist! Join us for Friendsgiving, where we'll gather for delicious food, cultural sharing, and new friendships.

Wednesday, Nov 20: Señorita and Coffee

Take a break and enjoy some music and refreshments with friends. We'll be serving iced coffee, so grab a cup and mingle with fellow students!

Thursday, Nov 21: International Cinema

Join us for an evening of international films that highlight diverse stories and perspectives from around the world. Enjoy great cinema and conversation!

Friday, Nov 22: International Conversation Corner – Life as an International Student

Wrap up IEW with an open conversation about the international student experience. Come share your story or listen to others about the joys and challenges of studying abroad.

Get Involved!

There's something for everyone at IEW. Join us in celebrating the global spirit that makes our community so special!

How to Manage Your Studies During the Holidays

Taking a break during the Thanksgiving holiday can be challenging for students, especially with finals approaching. With numerous party invitations, four days without classes, and delicious meals awaiting, it can be difficult to focus on studying. The good news is that you don't have to refuse any of these festive activities if you find the right balance. Here are some tips to help students manage their time between studying and enjoying the holidays.

<u>Time Audit</u>: A time audit involves evaluating how you spend your time. Prioritizing your activities is crucial; it helps you avoid wasting time and allows you to focus on what truly matters.

<u>Use Flashcards:</u> Creating flashcards is a great way to optimize your study time. You can study anytime, even while waiting for the turkey to cook! <u>Study for a Few Hours Every Day:</u> Developing a consistent study habit can boost your confidence. By studying a little each day, you can review the material without feeling overwhelmed. As a result, you will have more time to spend with family and friends during the holiday.

<u>Bullet Points:</u> Make a list of topics that you find unclear and review over time. This will help you reduce your study time by allowing you to focus only on the areas you need to review.

<u>Choose One Day to Take a Break:</u> Your brain learns better when it's rested. Set aside one day during your four-day break to relax and engage in activities that bring you comfort. This will renew your energy for studying.

Good luck with your studies!

International Education Week

The International Education Week was designed to celebrate each one of our international students. Check out our special week calendar:

Monday, Nov 18: Free Donuts at the ISP

Tuesday, Nov 19: Friendsgiving Dinner

Wednesday, Nov 20: Senoritas and Iced Coffee

Thursday, Nov 21: International Cinema

Friday, Nov 22: Life as an F1 visa student

Counseling Appointments

Counseling appointments are now available. Be sure to prepare your educational plan for Spring 2025 before registration begins. Spring 2025 registration begins on **Monday**, **December 2nd.**

THANK YOU FOR COMING!



ISP Halloween Costume Contest Winners Announcement

Important Dates

Thursday, November 7: Drop-In Flu Clinic (Free Flu Shots) Monday, November 11: Veterans Day Holiday- Campus Closed Wednesday, November 13: College Night Monday, November 18: Free Donuts at the ISP. Tuesday, November 19: Friendsgiving Dinner. Wednesday, November 20: Senoritas and Coffee Thursday, November 21: International Cinema Thursday, November 21: International Cinema Thursday, November 21: Harvest Festival Friday, November 22: Life as an Fl visa student (Online) Monday, November 25: Winter Registration starts Thursday, November 28: Thanksgiving Holiday- Campus Closed Friday, November 29: Thanksgiving Break- Campus Closed

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