# F-1 Visa Student MAY 2024

## HEALTH & WELLNESS MONTH!

A healthy body and mind are the keys to your academic success! That is why it is essential to know how to access medical services and support while studying in the U.S.

## DID YOU KNOW?

## YOU HAVE MEDICAL INSURANCE!





## LEWERMARK STUDENT INSURANCE

LewerMark is your medical insurance provider! All international students on an F-1 visa enrolled at El Camino College must purchase medical insurance through our college-approved carrier which is billed with your tuition at the time of registration for each semester (fall and spring). Download your insurance ID card using the QR code on the right. Don't forget to renew your ID card every semester!



#### HOW TO DOWNLOAD

- 1.Go to LewerMark Website
- 2. Student login your ID is your ECC student ID & password is your DOB
- 3. Click START HERE menu and click Online ID card

Your insurance type is PPO. Carry your insurance card with you all the time!

## **STUDENT HEALTH SERVICE ON CAMPUS!**

Student Health Service is an on-campus health center for currently enrolled students. You can receive medical assistance for free! Do you have a headache? Do you want to talk to someone about your stress? Come and talk to our campus nurse and doctor!

- FREE Treatment for Acute Injuries & Illnesses
- FREE Mental Health Therapy
- FREE/Low-Cost Medications
- FREE Chiropractic Services
- FREE/Low-Cost Reproductive Health Services (Condoms, Birth Control Pills, Plan B)
- AND MORE!





## ARE YOU READY TO REGISTER?

#### SUMMER & FALL 2024 REGISTRATION WILL BEGIN SOON!

Have you ever experienced a problem registering for classes because the class is full? Don't wait until the last minute! Early registration is a great advantage for current students. Go to your MyECC and check your registration appointment date & time. Talk to an ISP counselor today and be ready for the next semester!



## **Upcoming Events:**

#### **MARK YOUR CALENDAR!**

- May 1 University Wednesday! USC Domingez Hills @ ISP
- May 10 Last Day to Drop with "W" (Full Semester Courses)
- May 13 Summer 2024 Registration Starts
- May 17 Fall 2024 Registration Starts
- May 22 University Wednesday! CSU Long Beach @ ISP
- May 27 Memorial Day Holiday (CAMPUS CLOSED)
- May 30 ISP Graduation Party & Cap Decoration!

## International Student Program

Student Service Building 164 Monday - Friday: 8:00am-5:00pm

## 310-660-3431

ispfrontdesk@elcamino.edu

- REGISTRATION CHECK LIST!
  - Register with confidence!

#### **QUESTION? CONTACT US ANYTIME!**

## COUNSELING APPOINTMENT

As we are close to registration day, the waiting time for ISP counseling is getting long. MAKE AN APPOINTMENT IN ADVANCE!

## UNIVERSITY WEDNESDAY!!

CSU & UC international admission staff will visit ISP on Wednesdays in May! The first week, we will welcome CSU Dominguez Hills. Stay tuned for more schedule updates!

## THANKS FOR COMING! SEE YOU ALL AT THE NEXT EVENT!



