

# International Student Newsletter

Vol. 5  
August 2024

## WELCOME BACK TO CAMPUS!

Get ready to kick start your new semester! Here are some important reminders from the ISP.

### First Day of Fall 2024

**Monday, August 26, 2024**

Log in to Canvas and MyECC before the first day of class! Make sure to check your schedule and class locations.

### Parking Fee

Parking Permits are now required for the fall term and can be purchased for \$20 per semester at the bookstore. They are only available for in-person purchase.



## NAVIGATING THE NEW SEMESTER

As the new semester kicks off after a refreshing summer break, it's essential to start strong and stay on track. Before the semester starts, gradually transition back into your routine schedule. Adjust your sleep patterns, set aside time for reading or reviewing materials, and organizing your study space. This preparation will help you hit the ground running when classes begins. Here are some tips to help you navigate the upcoming semester successfully:



### 1 Set Clear Goals

Begin by defining what you want to achieve this semester. Set goals, whether it's acing a particular class, joining a club, or improving your GPA, will keep you focused and motivated. Write down your objectives and break them into smaller, manageable tasks to track your progress. If you are unsure what you want to achieve, start with talking to a counselor.

### 2 Organize Your Time

Effective time management is crucial for success. Utilize planners or digital calendars to map out your schedule. Prioritize tasks and set aside specific times for studying, attending classes, and doing extracurricular activities. Planning ahead ensures you can balance all your responsibilities without feeling overwhelmed.

### 3 Develop Strong Study Habits

Establishing a consistent study routine is more effective than last-minute cramming. Find a study method that works for you, whether it's group sessions, solo studying, or using flashcards. Regular, dedicated study times help reinforce learning and reduce stress.

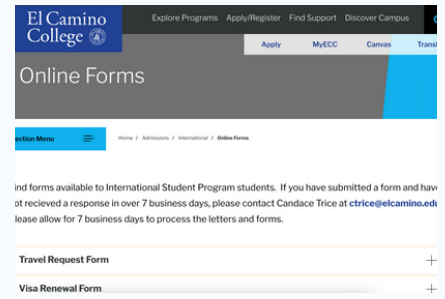
### 4 Maintain a Healthy Balance

Balancing academic responsibilities with self-care is vital. Regular exercise, adequate sleep, and a healthy diet are crucial for maintaining your physical and mental well-being. Taking breaks and engaging in activities you enjoy can prevent burnout and keep you energized.

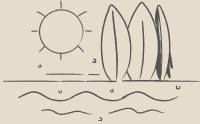


# IMPORTANT FORMS

The ISP website offers a comprehensive list of forms that international students may need for various academic and administrative purposes. These forms are crucial for different stages of a student's journey at ECC, from program applications to maintaining visa status. Make sure you're familiar with navigating the ISP Online Forms page!



## TRANSFER REQUEST FORM



Use this form to **transfer your SEVIS (I-20)** when you transfer to a new school. You will also need to upload your acceptance letter with the request. You have 90 days after your program end date to submit this request, so please complete it as soon as you receive your acceptance letter.

You are required by immigration to report a change of address **within 10 days** of moving. Once you submit this form, we will update your address with immigration and in your ECC account.

## CHANGE OF ADDRESS FORM



## REDUCE COURSE LOAD PETITION



Use this form if you need approval to **take fewer than 12 units in a semester**. If you drop the class without permission your I-20 will be terminated. If you fall below 12 units without permission, your I-20 will be terminated.

## IMPORTANT DATE



|           |                              |
|-----------|------------------------------|
| August 8  | Summer Session Ends          |
| August 19 | ISP New Student Orientation  |
| August 20 | ISP Registration Fest        |
| August 26 | Fall Semester Classes Begins |

## REMINDER

**Health Insurance Card**  
Download your health insurance card today!

**ISP Office Hours**  
Starting August 12, the ISP office hours will be back to the regular schedule.  
**Monday - Friday 8:00 - 5:00 pm**

**International Student Program**  
Student Service Building 164  
Monday - Friday: 8:00am-5:00pm

 310-660-3431  
 [ispprontdesk@elcamino.edu](mailto:ispprontdesk@elcamino.edu)

