



The L.A. Warmline

A confidential overnight telephone support service for anyone who is challenged by loneliness, confusion, substance abuse or other mental health concerns, or anyone who needs information about available mental health services

A warm friendly voice is just a phone call away!

The L.A. Warmline is available 7 nights a week

Services are available in English and Spanish

855-952-WARM

(855-952-9276)

10:00 P.M. to 6:00 A.M.

The Warmline is operated by LA County Department of Mental Health in partnership with Didi Hirsch Mental Health Services. The Warmline is funded by voter-approved Mental Health Service Act (Prop. 63). It is one of several Prevention and Early Intervention Initiatives implemented by the California Mental Health Services Authority (CaMHSa), an organization of county governments working to improve mental health outcomes for individuals, families, and communities. CaMHSa operates services and education programs on a statewide, regional and local basis. For more information, visit www.calmhsa.org

