

## **Psychology 125**

### ***The Psychology of Gender***

*3 units; 3 hours lecture*

*Recommended Preparation: Psychology 101 or Psychology 101H AND English 1 or eligibility for English 1A or qualification by appropriate assessment*

*Degree applicable Transfer CSU, UC*

This course is an overview of psychological perspectives and research on gender. Topics will include theoretical perspectives on gender, psychological research methods used to study gender, sex-related differences and comparisons, and the influence of gender in areas such as relationships, communication, health, and work.

#### **Course Objectives:**

1. Define, identify, and discuss terms related to gender and psychology.
2. Discuss some of the cultural, philosophical, and political issues surrounding gender.
3. Discuss the history of the scientific study of gender.
4. Define, identify, and discuss the psychological research methods used to study gender and examine some of the challenges of conducting such research.
5. Examine gender-role attitudes and the affective, behavioral, and cognitive components of such attitudes.
6. Discuss biological, evolutionary, psychoanalytic, social learning, social role, cognitive, constructionist, and postmodern perspectives on the study of sex-related comparisons.
7. Assess the psychological research on sex-related comparisons in the cognitive and social domains as well as discuss developmental differences in these areas.
8. Identify and discuss individual difference factors and social factors in the area of gender and achievement.
9. Examine the psychological research on gender and communication, especially in the areas of interaction styles, verbal and nonverbal behavior, and influence and leadership.
10. Identify and examine psychological similarities and differences in the friendships of women and men and discuss friendships across the domains of sex, ethnicity, and sexual orientation.
11. Discuss the wide variety of romantic relationships available to women and men (e.g., dating relationships, cohabitating relationships, gay and lesbian relationships) with an emphasis on relationship development, communication, conflict, and conflict-resolution.
12. Examine sex differences in mortality and morbidity and discuss the various explanations for such differences (e.g., biological differences, women's and men's social roles).
13. Discuss how relationship quality, division of labor issues, parenting issues, violence, and partner death impact women's and men's health.
14. Examine how the qualities of the work role and workplace issues such as discrimination and sexual harassment impact women's and men's health.
15. Examine sex differences in rates of depression and suicide, in frequency of eating disorders, in adjustment to chronic illness, and in other areas of mental health.

#### **Student Learning Outcomes (SLO):**

1. Logic of the Scientific Method  
Students will be able to explain historical developments in scientific gender research as well as identify and evaluate specific research methods used to study the psychological, biological, and cultural factors in gender identity.
2. Fundamental Principles  
Students will be able to identify and explain major theories, perspectives, and facets of gender.
3. Everyday Application

Students will be able to apply fundamental principles in the development of a personal gender philosophy.

**ADA Statement:**

El Camino College is committed to providing educational accommodations for students with disabilities upon the timely request by the student to the instructor. A student with a disability, who would like to request an academic accommodation, is responsible for identifying herself/himself to the instructor and to the Special Resource Center. To make arrangements for academic accommodations, contact the Special Resource Center.

**Student Code of Conduct**

<https://www.elcamino.edu/administration/board/2019-policies/AP%205500%20Student%20Conduct%20.pdf>

**Student Rights and Grievances Procedure 5530**

<https://www.elcamino.edu/administration/board/boarddocs/AP%205530%20STUDENT%20%20RIGHTS%20AND%20GRIEVANCES.pdf>