



El Camino College
COURSE OUTLINE OF RECORD – Official

Subject:	COSM
Course Number:	11
Descriptive Title:	Introduction to Cosmetology II
Division:	Industry and Technology
Department:	Cosmetology
Course Disciplines:	Cosmetology
Catalog Description:	<p>This is the second of a two-course introductory series covering cosmetology procedures for wet and thermal styling, permanent waving, chemical straightening, hair coloring, scalp treatments, facials, manicuring and pedicuring. This course is one of a sequence of courses that prepares students for the State Board of Barbering and Cosmetology examination and employment.</p> <p><i>Note: Students who have earned credit in Cosmetology 1 cannot receive unit credit in Cosmetology 11.</i></p>
Prerequisite:	Prerequisite Cosmetology 10 with a minimum grade of C or equivalent
Co-requisite:	
Recommended Preparation:	
Enrollment Limitation:	
Hours Lecture (per week):	4
Hours Laboratory (per week):	14
Outside Study Hours:	8
Total Hours:	324
Course Units:	8.5
Grading Method:	Letter Grade only
Credit Status:	Credit, degree applicable
Transfer CSU:	Yes
Effective Date:	01/14/1991
Transfer UC:	
Effective Date:	
General Education:	ECC
Term:	

	Other:
	CSU GE:
	Term:
	Other:
	IGETC:
	Term:
	Other:
Student Learning Outcomes:	<p>SLO #1 Scissor and Razor Use</p> <p>Given demonstration, instruction in procedures, lab practice in haircutting, students will be able to define angles, elevations, and guidelines. Demonstrate the safe and proper use of the scissor and razor, mastery of blunt-cut, graduated uniform-layered cut, long-layered cut, and men's basic clipper cut.</p> <p>SLO #2 Discarding Products and Disposable Supplies</p> <p>After chemical service, students will be able to organize discarded products and disposable of supplies by following the State Board of Barbering and Cosmetology regulations and procedures. Students will be able to analyze and list the steps used.</p> <p>SLO #3 Scalp and Hair</p> <p>Students will analyze the condition of a client's hair and scalp to determine whether color service can be performed on the client. Students will be able to fill out a client record card.</p>
Course Objectives:	<ol style="list-style-type: none"> 1. Correctly answer objectives questions on cosmetology safety practices and sanitation procedures. 2. Apply the principles of thermal styling. 3. Demonstrate the techniques of permanent waving with increased proficiency. 4. Demonstrate the process of chemical relaxing with increased proficiency. 5. Describe the principles of scalp treatments with increased proficiency. 6. Apply polish in conjunction with giving a manicure and pedicure. 7. Demonstrate a basic haircut. 8. Apply hair color to a mannequin head. 9. Analyze and identify three facial shapes. 10. Access information concerning cosmetology procedures and practices from source documents and databases. 11. Employ appropriate interpersonal skills to serve clients and customers.
Major Topics	<p>I. OVERVIEW OF COSMETOLOGY II (10 hours, lecture)</p> <ol style="list-style-type: none"> A. Classroom and campus safety B. Text book and kit orientation C. Career opportunities

II. OVERVIEW OF COSMETOLOGY II
(10 hours, lab)

- A. Classroom and campus safety
- B. Text book and kit orientation
- C. Career opportunities

III. SERVING THE PUBLIC (2 hours, lecture)

- A. Communication
- B. Customer service
- C. Consultation
- D. Meeting customer expectations

IV. SERVING THE PUBLIC (8 hours, lab)

- A. Communication
- B. Customer service
- C. Consultation
- D. Meeting customer expectations

V. HAIR STYLING (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Finger waving
- G. Pin curls
- H. Shaping and bases
- I. Roller set and comb out

- J. Braiding
- K. Wigs
- L. Thermal pressing, curl and flat iron
- M. Artistry of styling

- N. Formal styling

VI. HAIR STYLING (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Finger waving
- G. Pin curls
- H. Shaping and bases
- I. Roller set and comb out

- J. Braiding
- K. Wigs
- L. Thermal pressing, curl and flat iron
- M. Artistry in styling

- N. Formal styling
- O. Neutralizing application

VII. PERMANENT WAVING (8 hours, lecture)

- A. Client protection safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Permanent wave procedure
- H. Sectioning, blocking and base placements
- I. Wrapping patterns and techniques
- J. Types of perming rods
- K. Types of perm solution
- L. Application of waving solution
- M. Processing times
- N. Neutralizing application

VIII. PERMANENT WAVING (34 hours, lab)

- A. Client protection safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Permanent wave procedure
- H. Sectioning, blocking and base placements
- I. Wrapping patterns and techniques

- J. Types of perming rods
- K. Types of perm solution
- L. Application of waving solution
- M. Processing times

- N. Neutralizing application

IX. CHEMICAL RELAXING (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals

- G. Virgin sodium hydroxide procedure
- H. Virgin relaxer application
- I. Smoothing

- J. Strand test
- K. Neutralizing
- L. Retouch relaxer

X. CHEMICAL RELAXING (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Virgin sodium hydroxide procedure
- H. Virgin relaxer application
- I. Smoothing

- J. Strand test
- K. Neutralizing
- L. Retouch relaxer

XI. HAIRCUTTING (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Client consultation
- E. Basic sectioning
- F. Scissor cutting
- G. Razor cutting
- H. Clipper cutting
- I. Six basic hair cuts

- J. Cutting techniques
- K. Tools maintenance

XII. HAIRCUTTING (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Client consultation
- E. Basic sectioning
- F. Scissor cutting
- G. Razor cutting
- H. Clipper cutting
- I. Six basic hair cuts

- J. Cutting techniques

K. Tools maintenance

XIII. HAIR COLORING AND BLEACHING

(10 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Hair structure
- G. Aniline derivatives
- H. Predisposition and strand test
- I. Tint records

- J. Law of color
- K. Level system
- L. Types of color
- M. Hydrogen peroxide developers

- N. Bleaching and toning
- O. Formulating color
- P. Hair color techniques
- Q. Decoloring process

XIV. HAIR COLORING AND BLEACHING

(34 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Hair structure
- G. Aniline derivatives
- H. Predisposition and strand test
- I. Tint records|
- J. Law of color
- K. Level system
- L. Types of color
- M. Hydrogen peroxide developers
- N. Bleaching and toning
- O. Formulating color
- P. Hair color techniques
- Q. Decolorizing process

XV. SCALP TREATMENTS (4 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge

- E. Client consultation
- F. Proper draping
 - 1. Single drape
 - 2. Double drape
- G. Scientific brushing
- H. Chemistry of shampoo

A. Types of shampoo and conditioners

- J. Scalp manipulations
- K. Hair and scalp treatments

XVI. SCALP TREATMENTS (6 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Proper draping
 - 1. Single drape
 - 2. Double drape
- G. Scientific brushing

- J. Chemistry of shampoo
- K. Types of shampoo and conditioners
- L. Scalp manipulations
- M. Hair and scalp treatments

XVII. SKIN CARE (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Table set-up for electrical equipment
- E. Product knowledge
- F. Client consultation
- G. Skin analysis
- H. Skin types
- I. Draping

- J. Basic massage manipulations
- K. Nerve points
- L. Plain facial for normal skin
- M. Hair removal, tweezing and waxing

- N. Basic makeup application

XVIII. SKIN CARE (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection

	<ul style="list-style-type: none"> C. Table set-up and tools D. Table set-up for electrical equipment E. Product knowledge F. Client consultation G. Skin analysis H. Skin types I. Draping J. Basic massage manipulations K. Nerve points L. Plain facial for normal skin M. Hair removal, tweezing and waxing N. Basic makeup application <p>XIX. MANICURING, PEDICURING, ARTIFICIAL NAILS (6 hours, lecture)</p> <ul style="list-style-type: none"> A. Client protection and safety practices B. Sanitation and disinfection C. Table set-up and tools D. Product knowledge E. Client consultation F. Proper use of implements G. Basic manicure procedure H. Massage procedure for hand, arm and foot I. Basic pedicure procedure <ul style="list-style-type: none"> J. Nail art K. Gel nails L. Tips and wraps M. Acrylic nails <p>XX. MANICURING, PEDICURING, ARTIFICIAL NAILS (32 hours, lab)</p> <ul style="list-style-type: none"> A. Client protection and safety practices B. Sanitation and disinfection C. Table set-up of products and tools D. Product knowledge E. Proper use of implements F. Client consultation G. Basic manicure procedure H. Massage procedure for arm, hand and foot I. Pedicure procedure <ul style="list-style-type: none"> J. Nail art K. Gel nails L. Tips and wraps M. Acrylic nails
Total Lecture Hours:	72

Total Laboratory Hours:	254
Total Hours:	324
Primary Method of Evaluation	3) Skills demonstration
Typical Assignment Using Primary Method of Evaluation:	On a mannequin head, section the hair and apply permanent wave solution. Present gloria head to instructor for evaluation.
Critical Thinking Assignment 1:	During a consultation, explain the concepts of a layered haircut to a client and document steps required on a client card. Submit client card to instructor for evaluation.
Critical Thinking Assignment 2:	With another classmate, analyze a client's hair for a hair color. Select an appropriate hair coloring product and document steps required on a client card. Submit client card to instructor for evaluation.
Other Evaluation Methods:	Class Performance Completion Matching Items Multiple Choice Performance Exams True/False
Instructional Methods:	Demonstration Guest Speakers Lab Lecture Multimedia presentations
If other:	
Work Outside of Class:	Answer questions, Problem solving activity Required reading Skill practice Study, Written work (such as essay/composition/ report/analysis/research)
If Other:	Students are in class from 5:00 pm - 10:00 pm - Monday - Thursday. Because students are in lab for a long period of time, we do not assign a large volume of homework. Many of our students work during the day and two hours of outside work is sufficient to keep up with this course.
Up-To-Date Representative Textbooks:	Milady. <u>MILADY COSMETOLOGY TEXTBOOK</u> Cengage Learning, 2016. DISCIPLINE STANDARD Milady. <u>MILADY STANDARD COSMETOLOGY: HAIRCUTTING</u> . Cengage Learning, 2016. DISCIPLINE STANDARD Milady. <u>MILADY STANDARD COSMETOLOGY WORKBOOKS: PRACTICAL, THEORY, EXAM REVIEW, CD ROM (in a bundle)</u> . first edition, Cengage Learning, 2016. DISCIPLINE STANDARD El Camino College. <u>COSMETOLOGY PERFORMANCE CRITERIA</u> . El Camino College, 2016. DISCIPLINE STANDARD

	<p>Milady. <u>MILADY STANDARD COSMETOLOGY STUDY GUIDE</u>. Cengage Learning, 2016. DISCIPLINE STANDARD</p> <p>Deborah Beatty. <u>MILADYS STANDARD PREPARING FOR PRACTICAL EXAM - COSMETOLOGY</u>. Cengage Learning, 2016. DISCIPLINE STANDARD</p>
Alternative Textbooks:	
Required Supplementary Readings:	
Other Required Materials:	<p>COSMETOLOGY STUDENT KIT containing:</p> <p>Blow dryer Brushes: Denman, vent, styling Clips: coif (box of 12), curl (box of 100) Combs: finger wave, haircutting, styling, tail Cuticle nipper with case Electric curling iron Emery board (box of 5) Facial kit, make up Gloves, rubber Hair removal kit Hair shaper with blades Mannequin head Pressing comb, Marcel curling irons Nail: brush, file, tips, wrap kit Nail polish kit Notebook, paper, pen, pencil Orange wood sticks Perm rods (5 dozen) Roller bag Shampoo cape Shears: haircutting, thinning, razor Shoes, black Smock, black Spatula Stand Steel Pusher Triangle net Tweezers</p>
Requisite:	Prerequisite
Category:	sequential
Requisite course(s): List both prerequisites and corequisites in this box.	Cosmetology-10
Requisite and Matching skill(s): Bold the requisite skill. List the corresponding	<p>Section hair on a gloria head to prepare for a haircut.</p> <p>COSM 10 - Discuss the techniques used in layered haircuts</p>

<p>course objective under each skill(s).</p>	<p>Section hair on a gloria head to prepare for a permanent wave.</p> <p>COSM 10 Demonstrate the techniques of permanent waving</p> <p>Apply a product that straightens curly hair on a gloria head.</p> <p>COSM 10 - Demonstrate the process of chemical relaxing.</p>
<p>Requisite:</p>	<p>or equivalent</p> <p>If a student has not taken Cosmetology 10 but has taken a similar course at another college or cosmetology school or student has acquired at least 300 hours of cosmetology, the student will have the experience needed to enroll in this course. If a student has not acquired at least 300 hours of cosmetology experience, the student will not succeed in this course.</p>
<p>Requisite and Matching Skill(s): Bold the requisite skill(s). If applicable</p>	
<p>Requisite course:</p>	
<p>Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).</p>	
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<p>Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s). If applicable</p>	
<p>Enrollment Limitations and Category:</p>	
<p>Enrollment Limitations Impact:</p>	
<p>Course Created by:</p>	<p>Carolyn Gong on 03/18/2015.</p>
<p>Date:</p>	<p>03/18/2015</p>
<p>Original Board Approval Date:</p>	<p>01/14/1991</p>

Last Reviewed and/or Revised by:	Charlene Brewer-Smith
Date:	04/20/2021
Last Board Approval Date:	06/21/2021