



El Camino College  
COURSE OUTLINE OF RECORD – Official

<b>Subject:</b>	COSM
<b>Course Number:</b>	10
<b>Descriptive Title:</b>	Introduction to Cosmetology I
<b>Division:</b>	Industry and Technology
<b>Department:</b>	Cosmetology
<b>Course Disciplines:</b>	Cosmetology
<b>Catalog Description:</b>	<p>This course is the first of a two-course introductory series covering cosmetology procedures and equipment for wet and thermal styling, permanent waving, chemical straightening, hair coloring, scalp treatments, manicuring and pedicuring procedures. This is a preparatory course for the State Board of Barbering and Cosmetology examination and employment.</p> <p><i>Note: Students who have earned credit in Cosmetology 1 cannot receive unit credit for Cosmetology 10.</i></p> <p><i>Note: First time students must purchase the complete kit of supplies from the El Camino College Bookstore.</i></p>
<b>Prerequisite:</b>	
<b>Co-requisite:</b>	
<b>Recommended Preparation:</b>	
<b>Enrollment Limitation:</b>	
<b>Hours Lecture (per week):</b>	4
<b>Hours Laboratory (per week):</b>	14
<b>Outside Study Hours:</b>	8
<b>Total Hours:</b>	324
<b>Course Units:</b>	8.5
<b>Grading Method:</b>	Letter Grade only
<b>Credit Status:</b>	Credit, degree applicable
<b>Transfer CSU:</b>	Yes
<b>Effective Date:</b>	01/14/1991
<b>Transfer UC:</b>	No
<b>Effective Date:</b>	
<b>General Education:</b>	ECC

	<b>Term:</b>
	<b>Other:</b>
	<b>CSU GE:</b>
	<b>Term:</b>
	<b>Other:</b>
	<b>IGETC:</b>
	<b>Term:</b>
	<b>Other:</b>
<b>Student Learning Outcomes:</b>	<p><b>SLO #1 Predisposition Test</b></p> <p>Students will be able to perform a Predisposition Test (skin Patch, allergy test) procedure using simulated hair products, such as, tint and peroxide.</p> <p><b>SLO #2 Client Services Record</b></p> <p>Students will maintain records of a client service by specifying details (e.g. products, processing time) of the services performed. Students will fill out a client card.</p> <p><b>SLO #3 Sanitation</b></p> <p>Students will sanitize equipment in preparation for cosmetology service using the State Board of Barbering Cosmetology techniques. Students will create a list of the seven steps required.</p>
<b>Course Objectives:</b>	<ol style="list-style-type: none"> <li>1. Correctly answer objective questions on cosmetology safety practices and sanitation procedures.</li> <li>2. Apply the principles of thermal styling on a mannequin head.</li> <li>3. Demonstrate the techniques of permanent waving.</li> <li>4. Demonstrate the process of chemical relaxing.</li> <li>5. Describe the principles of scalp treatments.</li> <li>6. Discuss the techniques used in layered haircuts.</li> <li>7. Access information concerning cosmetology procedures and practices from source documents and databases.</li> <li>8. Employ appropriate interpersonal skills to serve clients and customers.</li> </ol>
<b>Major Topics</b>	<p>I. OVERVIEW OF COSMETOLOGY I (10 hours, lecture)</p> <p>A. Classroom and campus safety B. Textbook and kit orientation C. Career opportunities</p> <p>II. OVERVIEW OF COSMETOLOGY I (10 hours, lab)</p> <p>A. Lab safety B. Classroom tour C. Equipment use</p> <p>III. SERVING THE PUBLIC (2 hours, lecture)</p>

- A. Communication
- B. Customer service
- C. Consultation
- D. Meeting customer's expectations

IV. SERVING THE PUBLIC (8 hours, lab)

- A. Communication
- B. Customer service
- C. Consultation
- D. Meeting customer's expectations

V. HAIR STYLING ( 8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Finger waving
- G. Pin curls
- H. Shaping
- I. Roller set and comb out
  
- J. Braiding
- K. Wigs
- L. Pressing and curling
- M. Artistry of styling
  
- N. Formal styling

VI. HAIR STYLING (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Finger waving
- G. Pin curls
- H. Shaping
- I. Roller set and comb out
  
- J. Braiding
- K. Wigs
- L. Pressing and curling
- M. Artistry of styling
  
- N. Formal styling

VII. PERMANENT WAVING (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Permanent wave procedure
- H. Sectioning
- I. Blocking
  
- J. Wrapping patterns
- K. Curling rods
- L. Winding
- M. Application of solutions
  
- N. Processing
- O. Neutralizing

VIII. PERMANENT WAVING (34 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Sodium hydroxide procedure
- H. Virgin sodium hydroxide application
- I. Smoothing
  
- J. Strand test
- K. Neutralizing
- L. Retouch relaxer procedure

IX. CHEMICAL RELAXING (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Sodium hydroxide procedure
- H. Virgin sodium hydroxide application
- I. Smoothing
  
- J. Strand test
- K. Neutralizing
- L. Retouch relaxer procedure

X. CHEMICAL RELAXING (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Types of relaxers and straighteners
- D. Implements
- E. Basic procedures
- F. Chemical applications
- G. Smoothing process
- H. Strand test
- I. Neutralizing

XI. HAIRCUTTING (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Client consultation
- E. Basic sectioning
- F. Scissor cutting
- G. Razor cutting
- H. Clipper cutting
- I. Six basic hair cuts
  
- J. Cutting techniques
- K. Tool maintenance

XII. HAIRCUTTING (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Client consultation
- E. Basic sectioning
- F. Scissor cutting
- G. Razor cutting
- H. Clipper cutting
- I. Six basic hair cuts
- J. Cutting techniques
- K. Tool maintenance

XIII. SCALP TREATMENTS (4 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Proper draping
  - a. Single drape
  - b. Double drape
- G. Scientific brushing
- H. Shampooing

- I. Manipulations
- J. Types of shampoo and conditioners
- K. Hair and scalp treatments

XIV. SCALP TREATMENTS (6 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Proper draping
  - a. Single drape
  - b. Double drape
- G. Shampooing
- H. Manipulations
- I. Types of shampoo and conditioners
- J. Scientific brushing
- K. Hair and scalp treatments

XV. HAIR COLORING AND BLEACHING  
(10 hours, lecture)

- A. Client and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Hair structure
- G. Aniline derivatives
- H. Predisposition test and strand test
- I. Tint records
  
- J. Law of color
- K. Level system
- L. Types of hair color
- M. Hydrogen peroxide developers
  
- N. Bleaching and toning
- O. Formulating color
- P. Haircolor techniques
- Q. Decolorizing process

XVI. HAIR COLORING AND BLEACHING  
(34 hours, lab)

- A. Client and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation

- F. Hair structure
- G. Aniline derivatives
- H. Predisposition test and strand test
- I. Tint records
  
- J. Law of color
- K. Level system
- L. Types of hair color
- M. Hydrogen peroxide developers
  
- N. Bleaching and toning
- O. Formulating color
- P. Haircolor techniques
- Q. Decolorizing process

XVIII. SKIN CARE (8 hours, lecture)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Table set-up electrical equipment
- E. Product knowledge
- F. Client consultation
- G. Skin analysis
- H. Skin types
- I. Draping
  
- J. Basic massage manipulations
- K. Nerve points
- L. Plain facial, normal skin
- M. Hair removal, tweezing and waxing
  
- N. Basic makeup application

XVIII. SKIN CARE (32 hours, lab)

- A. Client protection and safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Table set-up electrical equipment
- E. Product knowledge
- F. Client consultation
- G. Skin analysis
- H. Skin types
- I. Draping
  
- J. Basic massage manipulations
- K. Nerve points
- L. Plain facial, normal skin
- M. Hair removal, tweezing and waxing

	<p>N. Basic makeup application</p> <p>XIX. MANICURING, PEDICURING, ARTIFICIAL NAILS (6 hours, lecture)</p> <p>A. Client protection and safety practices  B. Sanitation and disinfection  C. Table set-up and tools  D. Product knowledge  E. Client consultation  F. Proper use of implements  G. Basic manicure procedure  H. Massage procedure for arm, hand and foot  I. Basic pedicure procedure</p> <p>J. Acrylic nails</p> <p>XX. MANICURING, PEDICURING, ARTIFICIAL NAILS (32 hours, lab)</p> <p>A. Client protection and safety practices  B. Sanitation and disinfection  C. Table set-up and tools  D. Product knowledge  E. Client consultation  F. Proper use of implements  G. Basic manicure procedure  H. Massage procedure for hand, arm, foot  I. Basic pedicure procedure  J. Acrylic nails</p>
<b>Total Lecture Hours:</b>	72
<b>Total Laboratory Hours:</b>	252
<b>Total Hours:</b>	324
<b>Primary Method of Evaluation</b>	3) Skills demonstration
<b>Typical Assignment Using Primary Method of Evaluation:</b>	Demonstrate a basic 9 section perm wrap on a mannequin head using the rod that will be used to wrap the hair. Contact the instructor for evaluation.
<b>Critical Thinking Assignment 1:</b>	Apply the concepts of a layered haircut to a mannequin head and document the steps required on a client card. Submit the client card to the instructor for evaluation.
<b>Critical Thinking Assignment 2:</b>	Analyze and select a product used to chemically relax a client's hair. Discuss with a team the steps used in the process and present conclusions to the instructor for evaluation.
<b>Other Evaluation Methods:</b>	Class Performance Clinical Evaluation Completion Fieldwork



	<p>Homework Problems  Matching Items  Multiple Choice  Other Exams  Performance Exams  Presentation  Quizzes  Reading Reports  True/False  Written Homework</p>
<b>Instructional Methods:</b>	
<b>If other:</b>	
<b>Work Outside of Class:</b>	<p>Problem solving activity  Required reading  Skill practice  Study  Written work (such as essay/composition/  report/analysis/research)</p>
<b>If Other:</b>	<p>Students are in class from 5:00 pm - 10:00 pm - Monday - Thursday. Because students are in lab for a long period of time, we do not assign a large volume of homework. Many of our students work during the day and two hours of outside work is sufficient to keep up with this course.</p>
<b>Up-To-Date Representative Textbooks:</b>	<p>Milady. <u>MILADY COSMETOLOGY TEXTBOOK</u> Cengage Learning, 2016. DISCIPLINE STANDARD</p> <p>Milady. <u>MILADY STANDARD COSMETOLOGY: HAIRCUTTING</u>. Cengage Learning, 2016. DISCIPLINE STANDARD</p> <p>Milady. <u>MILADY STANDARD COSMETOLOGY WORKBOOKS: PRACTICAL, THEORY, EXAM REVIEW, CD ROM (in a bundle)</u>. first edition, Cengage Learning, 2016. DISCIPLINE STANDARD</p> <p>El Camino College. <u>COSMETOLOGY PERFORMANCE CRITERIA</u>. El Camino College, 2016. DISCIPLINE STANDARD</p> <p>Milady. <u>MILADY STANDARD COSMETOLOGY STUDY GUIDE</u>. Cengage Learning, 2016. DISCIPLINE STANDARD</p> <p>Deborah Beatty. <u>MILADYS STANDARD PREPARING FOR PRACTICAL EXAM - COSMETOLOGY</u>. Cengage Learning, 2016. DISCIPLINE STANDARD</p>
<b>Alternative Textbooks:</b>	
<b>Required Supplementary Readings:</b>	
<b>Other Required Materials:</b>	<p>COSMETOLOGY STUDENT KIT containing:</p>

	Blow dryer Brushes: Denman, vent, styling Clips: coif (box of 12), curl (box of 100) Combs: finger wave, haircutting, styling, tail Cuticle nipper with case Electric curling iron Emery board (box of 5) Facial kit, make up Gloves, rubber Hair removal kit Hair shaper with blades Mannequin head Pressing comb, Marcel curling irons Nail: brush, file, tips, wrap kit Nail polish kit Notebook, paper, pen, pencil Orange wood sticks Perm rods (5 dozen) Roller bag Shampoo cape Shears: haircutting, thinning, razor Shoes, black Smock, black Spatula Stand Steel Pusher Triangle net Tweezers
<b>Requisite:</b>	
<b>Category:</b>	
<b>Requisite course(s): List both prerequisites and corequisites in this box.</b>	
<b>Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).</b>	
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<b>Requisite and Matching Skill(s): Bold the requisite skill(s). If applicable</b>	
<b>Requisite course:</b>	
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<b>course objective under each skill(s).</b>	
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<b>Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s). If applicable</b>	
<b>Enrollment Limitations and Category:</b>	
<b>Enrollment Limitations Impact:</b>	
<b>Course Created by:</b>	Carolyn Gong
<b>Date:</b>	02/01/1989
<b>Original Board Approval Date:</b>	01/14/1991
<b>Last Reviewed and/or Revised by:</b>	Charlene Beewer Smith
<b>Date:</b>	04/10/2021
<b>Last Board Approval Date:</b>	06/21/2021