



El Camino College
COURSE OUTLINE OF RECORD – Official

Subject:	COSM
Course Number:	1
Descriptive Title:	Introduction to Cosmetology Procedures
Division:	Industry and Technology
Department:	Cosmetology
Course Disciplines:	Cosmetology
Catalog Description:	<p>This course covers the study of basic principles and practical operations of cosmetology equipment, procedures and techniques. It is designed as an intensive, multidisciplinary lab in the most common cosmetology processes. Lectures cover the fundamental theories of the practice of cosmetology and their application. Laboratory work is designed to provide the basic cosmetology student with an intensive forum for development of basic cosmetology skills, techniques, safety practices, and sanitation procedures.</p> <p>Note: Cosmetology 10 and 11 can be substituted for Cosmetology 1.</p>
Prerequisite:	
Co-requisite:	
Recommended Preparation:	
Enrollment Limitation:	
Hours Lecture (per week):	6
Hours Laboratory (per week):	30
Outside Study Hours:	12
Total Hours:	648
Course Units:	16
Grading Method:	Letter Grade only
Credit Status:	Credit, degree applicable
Transfer CSU:	Yes
Effective Date:	Prior to July 1992
Transfer UC:	No
Effective Date:	
General Education:	ECC
Term:	
Other:	

CSU GE:	
Term:	
Other:	
IGETC:	
Term:	
Other:	
Student Learning Outcomes:	<p>SLO #1 Permanent Wave with Chemicals</p> <p>The student will complete a permanent wave on a mannequin using actual permanent wave chemicals. They will read and follow the manufacturer's instructions. Set up their work area and equipment following the guidelines presented in the lesson. All methods and performance are to the criteria set forth by the state board of barbering and cosmetology.</p> <p>SLO #2 Predisposition Test</p> <p>After appropriate theory and practical demonstration and student practice with simulated product the student will perform a predisposition (PD) test procedure using hair color products e.g. tint and peroxide. Fill out a record card and record the result. All methods and performance are to the criteria set forth by the State Board of Barbering and Cosmetology.</p> <p>SLO #3 Finger Waving</p> <p>After study, instruction, practice and completion of this level the student will be able to show understanding of the types of finger waving lotion and the application procedure by giving a brief overview of the two types of lotion and by demonstrating the procedure for applying finger wave lotion.</p>
Course Objectives:	<ol style="list-style-type: none"> 1. Correctly answer objective questions on cosmetology safety practices and sanitation procedures. 2. Identify the principles of wet and thermal settings. 3. Demonstrate the techniques of permanent waving. 4. Demonstrate the process of chemical relaxing. 5. Define the principles of scalp treatments. 6. Analyze and apply hair coloring and bleaching products. 7. Demonstrate the basic techniques of hair cutting. 8. Demonstrate the process of a manicure and a pedicure. 9. Perform a facial treatment.
Major Topics	<ol style="list-style-type: none"> I. OVERVIEW OF COSMETOLOGY PROCEDURES (3 hours, lecture) <ol style="list-style-type: none"> A. Classroom and campus safety B. Textbook and kit orientation C. Career opportunities D. Lab safety II. HAIR STYLING (10.5 hours, lecture) <ol style="list-style-type: none"> A. Client protection and safety practices

- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Finger waving
- G. Pin curls
- H. Shaping
- I. Roller set and comb out
- J. Braiding
- K. Wigs
- L. Pressing and curling
- M. Artistry of styling
- N. Formal styling

III. HAIRSTYLING (86.5 hours, lab)

- A. Orientation of class room and campus
- B. Safety practices
- C. Sanitation and disinfection
- D. Table set-up and tools
- E. Product knowledge
- F. Client consultation
- G. Finger waving
- H. Pin curls
- I. Shaping

- J. Roller set and comb out
- K. Braiding
- L. Wigs
- M. Pressing and curling

- N. Artistry of styling
- O. Formal styling

IV. PERMANENT WAVING (13.5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Permanent wave procedure
- H. Sectioning
- I. Blocking

- J. Wrapping patterns
- K. Curling rods
- L. Winding
- M. Application of solutions
- N. Processing times

O. Neutralizing application

V. PERMANENT WAVING (86.5 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Sectioning
- H. Blocking
- I. Wrapping patterns

- J. Curling rods
- K. Winding
- L. Application of solutions
- M. Processing times

- N. Neutralizing application

VI. CHEMICAL RELAXING (13.5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Sodium hydroxide procedure
- H. Sodium hydroxide application

- A. Smoothing

- J. Strand test
- K. Neutralizing
- L. Retouch relaxer

VII. CHEMICAL RELAXING (31.5 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Sodium hydroxide procedure
- H. Sodium hydroxide application
- I. Smoothing

- J. Strand test
- K. Neutralizing

L. Retouch relaxer

VIII. HAIR CUTTING (13.5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Client consultation
- E. Basic sectioning
- F. Scissor cutting
- G. Razor cutting
- H. Clipper cutting
- I. Six basic hair cuts

- J. Cutting techniques
- K. Tool maintenance

IX. HAIR CUTTING (86.5 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Client consultation
- E. Basic sectioning
- F. Scissor cutting
- G. Razor cutting
- H. Clipper cutting
- I. Six basic hair cuts

- J. Cutting techniques
- K. Tool maintenance

X. HAIR COLORING AND BLEACHING
(13.5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Hair structure
- G. Aniline derivatives
- H. Predisposition test and strand test
- I. Tint records

- J. Preparation for coloring
- K. Permanent hair color
- L. Semi-permanent hair color
- M. Temporary hair color

- N. Bleaching and toning
- O. Formulating color

- P. Hair coloring techniques
- Q. Decoloring process

XI. HAIR COLORING AND BLEACHING
(130.5 hours lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Hair structure
- G. Aniline derivatives
- H. Predisposition test and strand test
- I. Tint records

- J. Preparation for coloring
- K. Permanent hair color
- L. Semi-permanent hair color
- M. Temporary hair color

- N. Bleaching and toning
- O. Formulating color
- P. Hair coloring techniques
- Q. Decoloring process

XII. SCALP TREATMENTS (13.5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Proper draping
- G. Scientific brushing
- H. Shampooing
- I. Scalp manipulations

- J. Types of shampoo and conditioners
- K. Hair and scalp treatments

XIII. SCALP TREATMENTS (22.5 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Proper draping
- G. Scientific brushing
- H. Shampooing

- I. Scalp manipulations
- J. Types of shampoo and conditioners
- K. Hair and scalp treatments

XIV. SKIN CARE (13.5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Table set-up equipment
- E. Product knowledge
- F. Client consultation
- G. Skin analysis
- H. Draping
- I. Massage manipulations

- J. Nerve Points
- K. Plain facial
- L. Electrical machines
- M. Hair removal-Tweezing and waxing

- N. Basic makeup application

XIV. SKIN CARE (46.5 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Table set-up equipment
- E. Product knowledge
- F. Client consultation
- G. Skin analysis
- H. Draping

- A. Massage manipulations

- J. Nerve points
- K. Plain facial
- L. Electrical machines
- M. Hair removal - tweezing and waxing
- N. Basic makeup application

XV. MANICURING, PEDICURING, ARTIFICIAL NAILS (13.5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set-up and tools
- D. Product knowledge
- E. Client consultation
- F. Massage procedure

	<p>G. Manicure procedure H. Pedicure procedure</p> <p>A. Gel nails</p> <p>J. Nail art K. Tips, wraps and artificial nails</p> <p>XVI. MANICURING, PEDICURING, ARTIFICIAL NAILS (49.5 hours, lab)</p> <p>A. Safety practices B. Sanitation and disinfection C. Table set-up and tools D. Product knowledge E. Client consultation F. Massage procedure G. Manicure procedure H. Pedicure procedure</p> <p>A. Gel nails</p> <p>J. Nail art K. Tips, wraps and artificial nails</p>
Total Lecture Hours:	108
Total Laboratory Hours:	540
Total Hours:	648
Primary Method of Evaluation	3) Skills demonstration
Typical Assignment Using Primary Method of Evaluation:	Create a new look for a client, which includes make-up and a new hair style. Select appropriate products needed, techniques to be administered and document on a client card. Submit client card to instructor for evaluation.
Critical Thinking Assignment 1:	Evaluate a client's needs who would like a change in hair color. Select the appropriate products needed and steps required to prepare the hair for color. Document your findings on a client card. Submit client card to instructor for evaluation.
Critical Thinking Assignment 2:	Select shades of make-up for the client that has two tones of skin. Find the correct solution, techniques to be administered and document on a client card. Submit client card to instructor for evaluation.
Other Evaluation Methods:	Class Performance Completion Laboratory Reports Matching Items Multiple Choice Other Exams Performance Exams

	Reading Reports True/False
Instructional Methods:	Demonstration Discussion Guest Speakers Lecture Multimedia presentations
If other:	
Work Outside of Class:	Required reading Study Written work (such as essay/composition/report/analysis/research)
If Other:	Students are in class from 8:00 am - 4:30 pm - Monday - Friday. Because students are in lab for a long period of time, we do not assign a large of volume of homework. Because many of our students work or have a family, three hours of outside work is sufficient to keep up with this course.
Up-To-Date Representative Textbooks:	Milady. <u>MILADY COSMETOLOGY TEXTBOOK</u> Cengage Learning, 2016. DISCIPLINE STANDARD Milady. <u>MILADY STANDARD COSMETOLOGY: HAIRCUTTING</u> . Cengage Learning, 2016. DISCIPLINE STANDARD Milady. <u>MILADY STANDARD COSMETOLOGY WORKBOOKS: PRACTICAL, THEORY, EXAM REVIEW, CD ROM (in a bundle)</u> . first edition. Cengage Learning, 2016. DISCIPLINE STANDARD El Camino College. <u>COSMETOLOGY PERFORMANCE CRITERIA</u> . El Camino College, 2016. DISCIPLINE STANDARD Milady. <u>MILADY STANDARD COSMETOLOGY STUDY GUIDE</u> . Cengage Learning, 2016. DISCIPLINE STANDARD Deborah Beatty. <u>MILADYS STANDARD PREPARING FOR PRACTICAL EXAM - COSMETOLOGY</u> . Cengage Learning, 2016. DISCIPLINE STANDARD
Alternative Textbooks:	
Required Supplementary Readings:	
Other Required Materials:	COSMETOLOGY STUDENT KIT containing: Blow dryer Brushes: Denman, vent, styling Clips: coif (box of 12), curl (box of 100) Combs: finger wave, haircutting, styling, tail Cuticle nipper with case Electric curling iron Emery board (box of 5) Facial kit, make up Gloves, rubber Hair removal kit Hair shaper with blades

	<p>Mannequin head Pressing comb, Marcel curling irons Nail: brush, file, tips, wrap kit Nail polish kit Notebook, paper, pen, pencil Orange wood sticks Perm rods (5 dozen) Roller bag Shampoo cape Shears: haircutting, thinning, razor Shoes, black Smock, black Spatula Stand Steel Pusher Triangle net Tweezers</p>
Requisite:	
Category:	
Requisite course(s): List both prerequisites and corequisites in this box.	
Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).	
Requisite:	
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Enrollment Limitations and Category:	
Enrollment Limitations Impact:	
Course Created by:	Jimmie Gong
Date:	09/01/1988
Original Board Approval Date:	03/13/1989
Last Reviewed and/or Revised by:	Merriel Winfree
Date:	06/30/2016
Last Board Approval Date:	06/21/2021