



El Camino College

COURSE OUTLINE OF RECORD - Approved

I. GENERAL COURSE INFORMATION

Subject and Number: Physical Education 74B
Descriptive Title: Intermediate Soccer

Course Disciplines: Physical Education
or Kinesiology

Division: Health Sciences and Athletics

Catalog Description: This course will provide instruction for soccer players who have reached the intermediate level of technical competency on the soccer field. Emphasis will be placed on four areas of the game: technical ability, tactical understanding, physical fitness, and the mental approach necessary to compete successfully. In addition there will be further discussion on the Laws of the Game, equipment, etiquette, flexibility and fitness.

Conditions of Enrollment: Recommended Preparation
Physical Education 74A

Course Length: Full Term Other (Specify number of weeks):
Hours Lecture: hours per week TBA
Hours Laboratory: 3.00 hours per week TBA
Course Units: 1.00

Grading Method: Letter
Credit Status: Associate Degree Credit

Transfer CSU: Effective Date: Proposed
Transfer UC: Effective Date: Proposed

General Education:
El Camino College: 5 – Health and Physical Education
Term: _____ Other: _____

CSU GE: _____
IGETC: _____

II. OUTCOMES AND OBJECTIVES

A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for

each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Analyze and execute proficient technique for passing in the game of soccer.
2. Apply and demonstrate an intermediate level of tactical knowledge of the game of soccer.
3. Recognize the agility, balance, and coordination requirements as it pertains to an intermediate level for soccer.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

1. Demonstrate intermediate level for passing, shooting, and controlling the soccer ball.
Class Performance
2. Demonstrate soccer skills and practices to improve fitness
Class Performance
3. Demonstrate the difference between one-on-one and zonal defending in a variety of game situations.
Class Performance
4. Demonstrate different team formations and strategies for contrasting offensive and defensive styles of play.
Class Performance

III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)

Lecture or Lab	Approximate Hours	Topic Number	Major Topic
Lab	2	I	ORIENTATION A. Equipment and field B. Laws of soccer C. Warm-up exercises
Lab	12	II	SKILL TRAINING A. Dribbling: fakes/feints, change of direction, starts/stops B. Passing and ball control C. Shooting: striking, placement, bending D. Heading: offensive, defensive E. Tackling
Lab	4	III	GOALKEEPING SKILLS A. Positional play B. Setting defensive wall C. Angle to approach an attacking player

Lab	20	IV	OFFENSE STRATEGIES A. Players involved and positional roles B. Forwards - target area and lateral movement C. Offensive players getting behind the opponents defense D. Midfielders - attacking from the wings, attacking from the center E. Fullbacks - outside backs, stopper, sweeper; role of each F. Offensive tactics G. Defensive tactics
Lab	16	V	DEFENSIVE STRATEGIES A. Individual and small group defending B. Team defending in your own half C. High pressure defending D. Low pressure defending E. Group defending F. One-on-one marking G. Zonal marking H. Counter attacking from defensive situations
Total Lecture Hours		0	
Total Laboratory Hours		54	
Total Hours		54	

IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS

A. PRIMARY METHOD OF EVALUATION:

Skills demonstrations

B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:

Demonstrate during game play, the ability to beat an opponent one-on-one in the attacking third of the field.

C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:

1. During a soccer game, differentiate between high pressure and low pressure play relative to the game situation and skill of the opposing players. If necessary, make suitable adjustments to defensive pressure.
2. During a soccer game, analyze methods to break down an opponent's off-side trap. Demonstrate to instructor, by using their fellow teammates, the method that is best for the team.

D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:

- Performance exams
- Class Performance
- Presentation

V. INSTRUCTIONAL METHODS

- Demonstration
- Discussion
- Lecture
- Multimedia presentations

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

VI. WORK OUTSIDE OF CLASS

Course is lab only - minimum required hours satisfied by scheduled lab time and estimated student hours outside of class per week is zero.

Estimated Independent Study Hours per Week: 0

VII. TEXTS AND MATERIALS

- A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS
- B. ALTERNATIVE TEXTBOOKS
- C. REQUIRED SUPPLEMENTARY READINGS
- D. OTHER REQUIRED MATERIALS

VIII. CONDITIONS OF ENROLLMENT

A. Requisites (Course and Non-Course Prerequisites and Corequisites)

Requisites	Category and Justification
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B. Requisite Skills

Requisite Skills

C. Recommended Preparations (Course and Non-Course)

Recommended Preparation	Category and Justification
Course Recommended Preparation Physical Education-74A	

D. Recommended Skills

Recommended Skills
Demonstrate fundamental soccer skills and knowledge. PE 74A - Demonstrate basic kicking techniques for passing, shooting and controlling the soccer ball.

PE 74A -
 Demonstrate basic heading techniques for attacking, defending and "shooting".
 PE 74A -
 Apply the Laws of Soccer during game-like situations.
 PE 74A -
 Understand game tactics and strategies for offensive and defensive play.

PE 74A -
 Understanding specific conditioning programs for soccer to improve play and injury prevention.
 PE 74A -
 Demonstrate basic tackling skills and defensive positioning.

PE 74A -
 Differentiate between the various positions on the team and the strategy involved in both offensive and defensive play.

E. Enrollment Limitations

Enrollment Limitations and Category	Enrollment Limitations Impact
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Course created by John Britton on 02/06/2017.

BOARD APPROVAL DATE:

LAST BOARD APPROVAL DATE: 04/16/2018

Last Reviewed and/or Revised by John Britton on 02/06/2017