

PE - 70ABC - Men's Intercollegiate Soccer Team

Revised Curriculum Office Use Only

19-20 Revised Curriculum Use Only

COURSE OUTLINE OF RECORD

VIII. General Course Information

Subject:*

PE

Course Number: * 70ABC

Descriptive Title: * Men's Intercollegiate Soccer Team

Course Disciplines:*

Coaching

Physical Education

Division:

Health Sciences and Athletics

Department:*

Athletics

Catalog Description:*

This course provides practice and instruction in the advanced techniques of soccer leading to the opportunity for intercollegiate competition with member schools of the South Coast Conference and other colleges.

Note: This course is offered in the fall semester only.

Conditions of Enrollment:

Prerequisite:

Co-requisite:

Recommended Preparation:

High school varsity experience or equivalent skill.

Enrollment Limitation:

Course Length: Full Term

Hours Lecture (per week): 0

Hours Laboratory (per week): 10

Outside Study Hours: * 0

Total Hours: * 180

Course Units: * 3

Grading Method:

Letter Grade only

Credit Status:

Credit, degree applicable

Transfer CSU: Yes
 No

Effective Date: Prior to July 1992

Transfer UC: Yes
 No

Effective Date: Spring 1994

General Education EFC:

Term:

CSU GE:

Other:

Term:

IGETC:

Other:

Term:

Other:

IX. Outcomes and Objectives

A. Student Learning Outcomes SLOs (The course student learning outcomes are listed below.)

Student Learning Outcomes:

SLO #1 Free Kick Student will demonstrate the task of proficiency in an appropriate free (direct) kick from a specified area of the playing field in an attempt to score a goal.

SLO #2 Wall Pass Student will demonstrate the task of proficiency in utilizing a "wall pass" to beat a man vs. man defense.

SLO #3 Short Corner Kick Student will explain and demonstrate proficiency in performing a "short" corner kick with a teammate, and creating a scoring opportunity.

B. Course Objectives (The major learning objectives for this course are listed below.)

Course Objectives:

1. Compare strengths and weaknesses of the technical skills related to soccer, such as ball control, passing, shooting, heading, and dribbling.
2. Analyze individual technique and team tactics of an opponent and evaluate appropriate strategies to prepare for tactical strengths and weaknesses.
3. Evaluate field positioning and strategy of a team between an attacking offense and pressure defense.
4. Recognize different systems of play utilized by a team and be able to make adjustments accordingly.

X. Outline of Subject Matter

(Topics should be detailed enough to enable an instructor to determine the major areas that should be covered to ensure consistency from instructor to instructor and semester to semester.)

Example:

- I. Main Topic (3 hours, lecture)
 - A. Sub topics
 - B. Sub topics
 1. Super sub topic
 2. Super sub topic

Major Topics:

- I. Orientation (10 hours, lab)**
 - A. Pre-season fitness
 - B. Evaluation of players
- II. Conditioning (20 hours, lab)**
 - A. Steady pace training
 - B. Rhythm drills
 - C. Aerobic fitness
 - D. Anaerobic fitness
 - E. Repetition
- III. Technical Skills (10 hours, lab)**
 - A. Passing (use both feet)
 - B. Ball control
 - C. Heading practice
- IV. Dribbling Skills (10 hours, lab)**
 - A. For possession (defense or offense)
 - B. For penetration (offense)
- V. Defensive Skills (10 hours, lab)**
 - A. Positioning
 - B. Man-to-man
 - C. Tracking from wide channels
 - D. Tracking from central channels
- VI. Small Group Game Skills (10 hours, lab)**
 - A. 1 versus 1
 - B. 2 versus 1
 - C. 2 versus 2
 - D. 3 versus 2
 - E. 3 versus 3 (small groups leading to 11 versus 11)
- VII. Set Plays (10 hours, lab)**
 - A. Re-starts
 - B. Throw-ins
 - C. Corners
 - D. Direct and indirect kicks
- VIII. Functional Training for Positional Players (20 hours, lab)**
 - A. Forwards
 - B. Mid-fielders
 - C. Goalkeeping
 - D. Defenders
- IX. Principles of Play (20 hours, lab)**
 - A. Offensive
 - B. Defensive
- X. Styles of Play – Offensive Phase (20 hours, lab)**
 - A. Possession
 - B. Build-up
 - C. Circulation of the ball vs breaking lines
- XI. Styles of Play – Defensive Phase (20 hours, lab)**
 - A. Defend build-up
 - B. Defend progression
 - C. Defend last third
- XII. Game Strategy and Tactics (20 hours, lab)**

Total Lecture Hours: 0

Total Laboratory Hours: 180

Total Hours: 180

XI. Primary Method of Evaluation and Sample Assignments

A. Primary Method of Evaluation (choose one):

Primary Method of Evaluation

3) Skills demonstration

B. Typical Assignment Using Primary Method of Evaluation

Typical Assignment Using Primary Method of Evaluation: Analyze the defensive formation of the opponent and demonstrate the appropriate pass to start the offense.

C. College-level Critical Thinking Assignments

Critical Thinking Assignment 1: Examine a 2 versus 2 attacking situation and evaluate and demonstrate how to gain an advantage to give the attacking "2" a scoring opportunity.

Critical Thinking Assignment 2: Evaluate and demonstrate the role of a "sweeper" in a low-pressure defensive system.

D. Other Typical Assessment and Evaluation Methods

Other Evaluation Methods:

If Other: Intercollegiate competition, tournaments, and practice

XII. Instructional Methods

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

Instructional Methods: Demonstration Multimedia presentations

If other: Skill demonstrations of all offensive and defensive positions
 Video analysis of practice and all competitions
 Review and critique performance during competition

XIII. Work Outside of Class

Work Outside of Class

If Other: Course is lab only - minimum required hours satisfied by scheduled lab time and estimated student hours outside of class per week is zero.
 Intercollegiate competition, tournaments, and playoffs

XIV. Texts and Materials

A. Up-to-date Representative Textbooks: (Please use the following format: Author, Title, Edition, Publisher, Year. If you wish to list a text that is more than 5 years old, please annotate it as a "discipline standard".)

Up-To-Date Representative Textbooks:

B. Alternative Textbooks: (Please use the following format: Author, Title, Edition, Publisher, Year. If you wish to list a text that is more than 5 years old, please annotate it as a "discipline standard".)

Alternative Textbooks:

C. Required Supplementary Readings

Required Supplementary Readings:

D. Other Required Materials

Other Required Materials:

XV. Conditions of Enrollment

A. Requisites (Course Prerequisites and Corequisites) Skills needed without which a student would be highly unlikely to succeed.

Requisite

Category

Requisite course:

Requisite and Matching skill(s):
Bold the requisite skill. List the corresponding course objective under each skill(s).

B. Requisite: (Non-Course Prerequisite and Corequisites) Skills needed without which a student would be highly unlikely to succeed.

Requisite:

Requisite and Matching skill(s):
Bold the requisite skill. List the corresponding course objective under each skill(s), if applicable

C. Recommended Preparations (Course) (Skills with which a student’s ability to succeed will be strongly enhanced.)

Requisite course:

Requisite and Matching skill(s):
Bold the requisite skill. List the corresponding course objective under each skill(s).

D. Recommended Preparation (Non-Course) (Skills with which a student’s ability to succeed will be strongly enhanced.)

Requisite: High school varsity experience or equivalent skill.


Requisite and Matching skill(s): **Students who have demonstrated the skills and abilities for enrollment in the athletic development course will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport.**
Bold the requisite skill. List the corresponding course objective under each skill(s), if applicable The student will understand tactics, alignments and strategies of play. This individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.

E. Enrollment Limitations

Enrollment Limitations and Category:

Enrollment Limitations Impact:

STEP 2: Click  Save All Changes.

STEP 3: Launch proposal by clicking  in the top left corner of this page.

STEP 4: Click on the  at the top of the Proposal Toolbox to submit proposal for review.

STEP 5: When the "Your Decision" box appears, click Approve and "Make My Decision" to move the proposal forward in the process.

Course Created by: Norm Jackson

Date: 09/05/1989

Board Approval Date:

Last Board Approval Date:

Last Reviewed and/or Revised by: Mike Jacobson

Date: 01/2020