



El Camino College
COURSE OUTLINE OF RECORD – Approved

I. GENERAL COURSE INFORMATION

Subject and Number: Physical Education 251B
Descriptive Title: Intermediate Tennis
Course Disciplines: Physical Education
Division: Health Sciences and Athletics

Catalog Description:

This course offers tennis instruction, practice and competitive play that is suited for the intermediate player. Advanced strokes, tactics, and strategies for singles and doubles play will be presented. Upon successful completion of this course students will acquire improved skills and competence in the sport.

Conditions of Enrollment:

Recommended Preparation: Physical Education 251A

Course Length:	<input checked="" type="checkbox"/> Full Term	Other (Specify number of weeks):
Hours Lecture:	0 hours per week	TBA
Hours Laboratory:	3.00 hours per week	TBA
Course Units:	1.00	

Grading Method: Letter
Credit Status: Associate Degree Credit

Transfer CSU: Effective Date:
Transfer UC: No

General Education:

El Camino College: 5 – Health and Physical Education

CSU GE:

IGETC:

II. OUTCOMES AND OBJECTIVES

A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Student will demonstrate the correct grip and stroke technique for a sliced, top spin service.
2. Student will identify and explain when to use a serve and volley tactical approach in playing singles.
3. Student will demonstrate the various options in a player's court position when their side is serving in doubles.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

1. Demonstrate advanced racquet grips for the forehand, backhand, volley and service strokes.
 - Class Performance
2. Develop game strategies and tactics for singles and doubles play.
 - Presentation
3. Explain and demonstrate the differences between an attacking and defending formation in doubles play.
 - Presentation
4. Demonstrate improvement in tennis skills including service, ground strokes, lobs, volleys, and overhead strokes.
 - Class Performance
5. Demonstrate proper footwork and body positioning when hitting the tennis ball and having stroke efficiency.
 - Class Performance

III. OUTLINE OF SUBJECT MATTER Topics should be detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.

Lecture or Lab	Approximate Hours	Topic Number	Major Topics
Lab	4	I	Class Orientation A. Rules B. Scoring C. Etiquette D. Terminology E. Singles play F. Doubles play
Lab	4	II	Tennis Grips A. Forehand 1. Top spin 2. Sliced B. Backhand 1. Top spin 2. Sliced
Lab	4	III	Groundstrokes A. Forehand 1. Top spin drive 2. Sliced B. Backhand 1. Top spin drive 2. Sliced
Lab	6	IV	Serves and Service Grips A. Flat serve B. Sliced serves C. Target area D. Serve and volley
Lab	4	V	The Lob A. The forehand top spin lob B. The backhand top spin lob
Lab	4	VI	Footwork A. Baseline sideways movement B. Baseline to net movement C. Net sideways movement D. Net to baseline movement
Lab	4	VII	Volleys A. Grips B. Forehand 1. Volley 2. Drop volley C. Backhand 1. Volley 2. Drop volley
Lab	4	VIII	Overhead Strokes A. Forehand smash B. Forehand sliced smash

			C. Backhand smash D. Backhand sliced smash
Lab	20	IX	Tactics and Strategies for Singles and Doubles A. Baseline game B. Serve and volley game C. Keeping opponent on the baseline D. Moving opponent to all areas of the court E. Attacking play F. Defensive play G. Doubles formations to exploit the serving teams strengths H. Doubles formations to exploit the receiving teams weaknesses
Total Lecture Hours		0	
Total Laboratory Hours		54	
Total Hours		54	

IV. PRIMARY METHODS OF EVALUATION AND SAMPLE ASSIGNMENTS

A. PRIMARY METHOD OF EVALUATION

Skills demonstrations

B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION

Demonstrate and verbally explain to the instructor the basic components of a sliced service.

C. COLLEGE LEVEL CRITICAL THINKING ASSIGNMENTS

1. During game competition choose appropriate game tactics to move an opponent from the baseline towards the net.
2. Describe to the instructor a scenario during doubles play when it is important for both partners to be defending on the courts baseline.

D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS

Class Performance
Objective Exam
Oral Exams
Performance Exams
Presentation
Quizzes

V. INSTRUCTIONAL METHODS

Group Activities
Discussion
Demonstration
Other (specify)
Video analysis of tennis strokes

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instructional delivery shall provide access, full inclusion, and effective communication for students with disabilities.

VI. WORK OUTSIDE OF CLASS

Course is lab only - minimum required hours satisfied by scheduled lab time

Estimated Study Hours Per Week:

VII. TEXTS AND MATERIALS

A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS

B. ALTERNATIVE TEXTBOOKS

C. REQUIRED SUPPLEMENTARY READINGS

Handouts provided by the instructor,

D. OTHER REQUIRED MATERIALS

VIII. CONDITIONS OF ENROLLMENT

A. Requisite/s (Course and Non-Course Prerequisite/s and Corequisite/s).

Requisites	Category and Justification

B. Requisite Skills - Match skills from prerequisite course/s or non-course prerequisites without which a student would be “highly unlikely to succeed.”

Requisite Skills – Matching

C. Recommended Preparations (Course and Non-Course)

Recommended Preparation	Category and Justification
Physical Education 251A	Category: Course Students need to understand the basic rules of tennis and have knowledge of basic grips and strokes.

D. Recommended Skills. Match skills from recommended courses or non-course prerequisite that would “enhance a students’ ability to succeed in the courses”.

Recommended Skills – Matching
PE 251A Objectives Demonstrate basic racquet grips and strokes for the forehand, backhand, volley, and service. Apply the rules of tennis during singles and doubles play.

E. Enrollment Limitations

Enrollment Limitations and Category	Enrollment Limitations Impact

Course created by: John Britton Fall, 2019

BOARD APPROVAL DATE: 12/16/2019

LAST BOARD APPROVAL DATE: