



El Camino College  
COURSE OUTLINE OF RECORD – Official

<b>Course Acronym:</b>	PE
<b>Course Number:</b>	115abc
<b>Descriptive Title:</b>	Intercollegiate Tennis Teams
<b>Division:</b>	Health Sciences and Athletics
<b>Department:</b>	Physical Education
<b>Course Disciplines:</b>	Coaching, Physical Education
<b>Catalog Description:</b>	<p>This course provides instruction, training, and practice in the advanced techniques of tennis and the opportunity for intercollegiate competition. Student athletes will compete against conference schools and other colleges.</p> <p>Note: This course is offered in the spring semester only.</p> <p>*Some UC transferable courses have credit limitations. For details, see a counselor, the Transfer Center adviser, or the articulation officer.</p>
<b>Prerequisite:</b>	
<b>Co-requisite:</b>	
<b>Recommended Preparation:</b>	High school varsity experience or equivalent skill
<b>Enrollment Limitation:</b>	
<b>Hours Lecture (per week):</b>	0
<b>Hours Laboratory (per week):</b>	10
<b>Outside Study Hours:</b>	0
<b>Total Course Hours:</b>	180
<b>Course Units:</b>	3
<b>Grading Method:</b>	Letter Grade only
<b>Credit Status:</b>	Credit, degree applicable
<b>Transfer CSU:</b>	Yes
<b>Effective Date:</b>	Prior to July 1992
<b>Transfer UC:</b>	Yes
<b>Effective Date:</b>	
<b>General Education: ECC</b>	Area 5 - Health and Physical Education
<b>Term:</b>	
<b>Other:</b>	

<b>CSU GE:</b>	
<b>Term:</b>	
<b>Other:</b>	
<b>IGETC:</b>	
<b>Term:</b>	
<b>Other:</b>	
<b>Student Learning Outcomes:</b>	<p><b>SLO #1 Strategies</b></p> <p>Student's will analyze an opponent's strengths and weaknesses and recognize suitable strategies in a competitive situation.</p> <p><b>SLO #2 Use of Spin</b></p> <p>Students will execute topspin, under spin and side spin and utilize these spins both offensively and defensively in competition.</p> <p><b>SLO #3 Tennis Specific Conditioning</b></p> <p>Students will identify and apply skill related components of fitness such as agility, power, speed and reaction necessary to compete at an advanced level of tennis.</p>
<b>Course Objectives:</b>	<ol style="list-style-type: none"> <li>1. Apply the rules of tennis competition appropriately.</li> <li>2. Analyze and perform various tennis technical skills such as forehand stroke, backhand, serve, volley, and lob.</li> <li>3. Analyze and perform the serve and volley as an offensive strategy.</li> <li>4. Understand and analyze offensive and defensive strategies in singles and doubles tennis matches.</li> </ol>
<b>Major Topics:</b>	<p><b>I. Course orientation (10 hours, lab)</b></p> <ol style="list-style-type: none"> <li>A. Safety precautions for practice and competition</li> <li>B. Tennis rules and regulations</li> </ol> <p><b>II. Stroke Fundamentals (90 hours, lab)</b></p> <ol style="list-style-type: none"> <li>A. Forehand</li> <li>B. Backhand</li> <li>C. Groundstroke</li> <li>D. Serve</li> <li>E. Serve and volley</li> <li>F. Overhead Smash</li> <li>G. Lob</li> <li>H. Passing Shots</li> </ol> <p><b>III. Specialty shots (40 hours, lab)</b></p> <ol style="list-style-type: none"> <li>A. Drop</li> <li>B. Slice</li> <li>C. Off-speed shots</li> <li>D. Under-cut shots</li> </ol>

	<p><b>IV. Singles (15 hours, lab)</b></p> <p>A. Offensive Strategies B. Defensive Strategies</p> <p><b>V. Doubles (20 hours, lab)</b></p> <p>A. Offensive Strategies B. Defensive Strategies</p> <p><b>VI. Singles and Doubles Players (5 hours, lab)</b></p> <p>A. Selection for team ladder</p>
<b>Total Lecture Hours:</b>	0
<b>Total Laboratory Hours:</b>	180
<b>Total Hours:</b>	180
<b>Primary Method of Evaluation:</b>	3) Skills demonstration
<b>Typical Assignment Using Primary Method of Evaluation:</b>	During athletic competition, demonstrate proficiency in the top-spin forehand drive to enhance the effectiveness of the passing shot.
<b>Critical Thinking Assignment 1:</b>	Observe a demonstration of a player serving a spin serve and flat serve. Analyze the mechanics, identify faults, and suggest any corrective action necessary to the instructor.
<b>Critical Thinking Assignment 2:</b>	After reviewing videotape of a professional tennis doubles match, distinguish between the basic skills of a defensive volley and an offensive volley. Create a situation to demonstrate in class which illustrates the proper doubles positions of the players and the intended direction of the ball after contact.
<b>Other Evaluation Methods:</b>	Class Performance, Performance Exams
<b>Instructional Methods:</b>	Demonstration, Lecture, Multimedia presentations
<b>If other:</b>	Supervised drills and class competitions Multimedia analysis of each athlete's performance during training and in competition Multimedia analysis of elite athletes
<b>Work Outside of Class:</b>	Course is lab only - minimum required hours satisfied by scheduled lab time
<b>If Other:</b>	
<b>Up-To-Date Representative Textbooks:</b>	
<b>Alternative Textbooks:</b>	
<b>Required Supplementary Readings:</b>	
<b>Other Required Materials:</b>	

<b>Requisite:</b>	
<b>Category:</b>	
<b>Requisite course(s):</b> List both prerequisites and corequisites in this box.	
<b>Requisite and Matching skill(s):</b> Bold the requisite skill. List the corresponding course objective under each skill(s).	
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<b>Requisite Skill:</b>	High school varsity experience or equivalent skill
<b>Requisite Skill and Matching skill(s):</b> Bold the requisite skill. List the corresponding course objective under each skill(s). If applicable	Students who have demonstrated the skills and abilities for enrollment in the athletic development will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport. The student will understand tactics, alignments and strategies of play. The individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.
<b>Enrollment Limitations and Category:</b>	
<b>Enrollment Limitations Impact:</b>	
<b>Course Created by:</b>	Carol Dennis
<b>Date:</b>	09/01/1989
<b>Original Board Approval Date:</b>	
<b>Last Reviewed and/or Revised by:</b>	John Britton
<b>Date:</b>	02/28/2023
<b>Last Board Approval Date:</b>	07/17/2023 effective FALL 2024