



El Camino College
COURSE OUTLINE OF RECORD – Approved

I. GENERAL COURSE INFORMATION

Subject and Number: Contemporary Health 3
Descriptive Title: Drugs and Alcohol in Society
Course Disciplines: Health
Division: Health Sciences and Athletics

Catalog Description:

This course provides students with an in-depth study of substance abuse and chemical dependency in our society. The course focuses on the analysis of root causes of substance abuse and identification of abused drugs. Short and long-term effects of drug abuse, assessment of educational and treatment options, as well as the psychosocial role of the family, will be examined.

Conditions of Enrollment:

Recommended Preparation: English A and English 84

Course Length:	X Full Term	Other (Specify number of weeks):
Hours Lecture:	2.00 hours per week	TBA
Hours Laboratory:	0 hours per week	TBA
Course Units:	2.00	

Grading Method: Letter
Credit Status: Associate Degree Credit

Transfer CSU: X **Effective Date:** Prior to July 1992
Transfer UC: No **Effective Date:**

General Education:

El Camino College:

CSU GE:

IGETC:

II. OUTCOMES AND OBJECTIVES

A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

SLO #1: Students will identify the signs and symptoms of Alcoholism.

SLO #2: Students will analyze the characteristics of dysfunctional family and their relationship to drug addiction.

SLO #3: Students will identify the five categories of psychoactive drugs.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

1. Appraise the specific effects of alcohol on the individual and its general effects on society.
2. Distinguish the signs and symptoms of alcoholism.
3. Differentiate between the classifications of psychoactive drugs. Compare and contrast their immediate effects and implication for long-term use.
4. Analyze the impact of alcohol dependency on an individual's life.
5. Describe the characteristics of a dysfunctional family and appraise its impact on the development of substance abuse.
6. Describe the compulsion sensitivity curve.
7. Assess the impact of genetic and environmental influences on chemical dependency.
8. Identify the dangers of steroid use.
9. Describe the positive and negative implications of drug-testing in our society.
10. List the guidelines used in confronting an individual during an intervention.
11. Distinguish between the different types of treatment for substance abuse problems.

III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)

Lecture or Lab	Approximate Hours	Topic Number	Major Topic
Lecture	2	I	Orientation A. Prevalence of drug abuse in America B. Drug abuse and misuse C. Overview of psychoactive drugs
Lecture	10	II	Alcohol A. Pre-test B. History C. Physical and psychological effects D. Effects of varying blood alcohol concentrations E. Drinking and driving F. Alcoholism G. Effects of dysfunctional families in chemical dependency

Lecture	3	III	Depressants A. Effects of abuse on the nervous system B. Depressants and their effects C. Chemical dependency on homeostasis
Lecture	3	IV	Narcotics A. Medical Use B. Abuse and consequences C. Withdrawal syndrome D. Effects E. History
Lecture	2	V	Stimulants A. Medical Use B. Abuse and consequences C. Withdrawal syndrome D. Effects E. History F. Neurotransmitters
Lecture	1	VI	Hallucinogenic drugs A. Effects on the brain B. Consequences of use and abuse
Lecture	3	VII	Marijuana A. History B. Forms of cannabis C. Effects of use and abuse D. Legalization of drugs as a social issue
Lecture	4	VIII	Drug Associated Issues A. Steroid abuse inside and outside of sport B. Drug testing C. Federal drug trafficking D. Law enforcement considerations in drug abuse
Lecture	4	IX	Social Strategies A. Effective confrontation strategies B. Intervention models C. Drug education
Lecture	4	X	Drug treatment programs
Total Lecture Hours		36	
Total Laboratory Hours		0	
Total Hours		36	

IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS

A. PRIMARY METHOD OF EVALUATION:
Substantial writing assignments

B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:
Attend an Alcoholics Anonymous meeting and write a report evaluating the effectiveness of this social treatment program.

C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:

1. In a one to two-page essay, compare and contrast different signs and symptoms of narcotic, depressant, stimulant, and hallucinogen drug use.
2. Attend an Al-Anon meeting and write a two-page essay analyzing its potential benefits to an alcoholic family.

D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:

Essay exams
Multiple Choice
Reading Reports
Term or Other Papers
True/False
Other (specify):

V. INSTRUCTIONAL METHODS

Demonstration
Discussion
Guest speakers
Lecture
Multimedia presentations
Other (specify):
 Small group discussions

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

VI. WORK OUTSIDE OF CLASS

Answer questions
Observation of or participation in an activity related to course content (such as theatre event, museum, concert, debate, meeting)
Study
Required reading
Written work (such as essay/composition/report/analysis/research)

Estimated Independent Study Hours per Week: 6

VII. TEXTS AND MATERIALS

A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS

Charles Ksir, DRUGS, SOCIETY AND HUMAN BEHAVIOR, 17th ed., McGraw Hill, 2016.

B. ALTERNATIVE TEXTBOOKS

C. REQUIRED SUPPLEMENTARY READINGS

D. OTHER REQUIRED MATERIALS

VIII. CONDITIONS OF ENROLLMENT

A. Requisites (Course and Non-Course Prerequisites and Corequisites)

Requisites	Category and Justification
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B. Requisite Skills

Requisite Skills

C. Recommended Preparations (Course and Non-Course)

Recommended Preparation	Category and Justification
Course Recommended Preparation English A and English 84	Student should be able to write 2 papers and effectively and clearly communicate their experiences related to the papers.

D. Recommended Skills

Recommended Skills
Student should be able to write 2 papers and effectively and clearly communicate their experiences related to the papers. ENGL A – Read and apply critical thinking skills to college-level expository prose for the purposes of writing and discussion. ENGL A - Apply appropriate strategies in the writing process including prewriting, composing, revising, and editing techniques. ENGL 84 - Select and employ reading strategies to interpret the content of a college-level textbook, with special focus on constructing a thesis statement and providing valid support. ENGL 84 - Compare and contrast college-level texts to evaluate content.

E. Enrollment Limitations

Enrollment Limitations and Category	Enrollment Limitations Impact
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Course created by Eugene Engle on 09/01/1987.

BOARD APPROVAL DATE:

LAST BOARD APPROVAL DATE: 11/20/2017

Last Reviewed and/or Revised by: Eugene Engle

Date: 08/02/2017

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