



El Camino College
COURSE OUTLINE OF RECORD – Official

Course Acronym:	DANC
Course Number:	221
Descriptive Title:	Ballet Variations
Division:	Fine Arts
Department:	Dance
Course Disciplines:	
Catalog Description:	This course continues the development of technical skills for ballet dance and emphasizes artistic expression through exposure to classical and contemporary ballet variations including partnering and dancing en Pointe. Attendance at selected dance events is required.
Prerequisite:	DANC 220B with a minimum grade of C
Co-requisite:	
Recommended Preparation:	
Enrollment Limitation:	
Hours Lecture (per week):	1
Hours Laboratory (per week):	3
Outside Study Hours:	2
Total Course Hours:	72
Course Units:	2
Grading Method:	
Credit Status:	Credit, degree applicable
Transfer CSU:	yes
Effective Date:	fall 2002
Transfer UC:	yes
Effective Date:	fall 2002
General Education: ECC	Health and Physical Education
Term:	
Other:	
CSU GE:	
Term:	
Other:	
IGETC:	
Term:	
Other:	

<p>Student Learning Outcomes:</p>	<p>SLO #1 Video Analysis of Ballet Variations</p> <p>Upon successful completion of this course the student will be able to identify designated classical and contemporary ballet variations through video analysis.</p> <p>SLO #2 Reproduction of Classical Ballet Variations</p> <p>Upon successful completion of this course the student will be able to reproduce designated classical ballet variations including solos, variations, and adagios.</p> <p>SLO #3 Dancing Elements</p> <p>Upon successful completion of this course the student will be able to demonstrate elements of partnering and dancing en pointe.</p>
<p>Course Objectives:</p>	<ol style="list-style-type: none"> 1. Demonstrate improved physical fitness including increased flexibility, strength, coordination and endurance. 2. Demonstrate advanced ballet barre exercises and advanced center adagio and allegro combinations. 3. Analyze various ballet exercises in relation to the body and mechanics of movement. 4. Identify significant personalities and companies in the field of ballet. 5. Describe the historical foundation of ballet. 6. Identify, define, and demonstrate basic ballet terminology. 7. Identify musical meter construction and its relation to dance moves. 8. Demonstrate a phrase of movements based on the basic ballet vocabulary. 9. Evaluate and critique various dance events and videos of professional dancers performing classical ballet variations.
<p>Major Topics:</p>	<p>I. Ballet Vocabulary (6 hours, lecture)</p> <ul style="list-style-type: none"> A. Review of Advanced Ballet Terminology B. Review of Advanced Musical Language utilized in conjunction with ballet <p>II. Barre Work (14 hours, lab)</p> <ul style="list-style-type: none"> A. Lecture Demonstration of Advanced Ballet dance steps at the barre B. Continued Practice in either flat ballet shoes or en pointe at the barre <p>III. Center Floor Work (25 hours, lab)</p> <ul style="list-style-type: none"> A. Lecture Demonstration of Advanced Ballet steps in the center including adagio and allegro phrases B. Continued Practice in either flat ballet shoes or en pointe in the center <p>IV. History of Ballet and its place in the modern world (6 hours, lecture)</p> <ul style="list-style-type: none"> A. Classical vs. Contemporary Ballet B. Combatting Racism in Ballet <ul style="list-style-type: none"> 1. Misty Copeland 2. Alonzo King

	<p>V. Musical Meter Construction and its relation to ballet Dance (15 hours, lab)</p> <p>A. Classical Ballet Composers and musical form</p> <p>B. Avante Garde Composers and new music construction for ballet</p> <p>VI. Critique of the Advanced Dance Concert and Professional Ballet Shows (6 hours, lecture)</p> <p>A. Rite of Spring - From Classical to Avante Garde in Ballet</p> <p>B. ECC Advanced Dance Concert</p> <p>C. William Forsythe's contemporary ballet choreography for various ballet companies</p>
Total Lecture Hours:	18
Total Laboratory Hours:	54
Total Hours:	72
Primary Method of Evaluation:	Skills Demonstration
Typical Assignment Using Primary Method of Evaluation:	Students are asked to perform an allegro combination in the center floor space utilizing speed, rhythm, musicality, and the learned skill of advanced ballet technique.
Critical Thinking Assignment 1:	To watch film recordings of two different versions of Swan Lake and to compare and contrast major components of classical vs. contemporary ballet. One film presented will be performed by the Bolshoi Ballet and showcase the classical form and the other will be choreographed by contemporary ballet choreographer Matthew Bourne to show an updated version of the famous ballet. Students will be asked to acknowledge differences and to identify elements that prove the ballets are either contemporary or classical.
Critical Thinking Assignment 2:	
Other Evaluation Methods:	Class Performance, Objective Exam, Clinical Evaluation, Presentation
Instructional Methods:	Lecture, Lab, Discussion, Multimedia Presentations, Demonstration, Other (Canvas as an online learning platform that works in conjunction with the class)
If other:	
Work Outside of Class:	Skills practice Journal, Assignments and Discussions on Canvas Observation of or participation in an activity related to course content
If Other:	
Up-To-Date Representative Textbooks:	Hammond, Sandra. <i>Ballet Beyond the Basics</i> . Mayfield Publishing Co. First Edition. 1982. ISBN# 0-87484-521-1 (Discipline Standard)
Textbooks:	Grant, Gail. <i>Technical Manual and Dictionary of Classical Ballet</i> . Dover Publications, Inc., New York 1982. ISBN# 0-486-21843-0 (Discipline Standard)
Alternative Textbooks:	Vaganova, Agrippina. <i>Basic Principles Of Classical Ballet</i> . Dover Publications, Inc., New York. 1969. ISBN# 486-22036-2 (Discipline Standard)
Required Supplementary Readings:	
Other Required Materials:	Dance appropriate attire
Requisite:	Prerequisite

Category:	Sequential
Requisite course(s): List both prerequisites and corequisites in this box.	DANC 220B Intermediate Ballet Technique
Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).	<p>Identify and define additional ballet terms for barre and centre floor work: such as battement glisses, battement frappes, ronds de jambes en l'air, petits battements</p> <p>DANC 220B - The student will continue to identify complex ballet barre and center floor movements such as contretemps, failli, pas de cheval, temps de cuisse and ballone.</p> <p>DANC 220B - The student will integrate body facings, appropriate porte de bras and epaulement for all combinations.</p> <p>Demonstrate clean foot articulation for batterie and allegro combinations as well as strength through hip, knee, and ankle placement for appropriate maintenance of turn-out and injury prevention.</p> <p>Identify, define and demonstrate the following movements requiring balance, placement and strength at the barre and centre floor including developes, arabesques and attitudes, demi and grand ronds de jambes en l'air - en dehors and en dedans and single and multiple pirouettes - en dehor and en dedans from all positions.</p> <p>DANC 220B - Demonstrate musical phrasing and flow of movement during center work for body facings, port de bras, arabesques, attitudes and epaulement.</p> <p>Demonstrate musical phrasing and flow of movement during center work for body facings, port de bras, arabesques, attitudes and epaulement.</p> <p>DANC 220B - Execute, reconstruct and/or perform choreography demonstrating flow, musicality and a working knowledge of step combinations.</p> <p>Evaluate and analyze dance activities, video observations and live performances in terms of technical and performance skills as well as to execute, reconstruct and/or perform choreography demonstrating flow, musicality and a working knowledge of step combinations.</p> <p>DANC 220B - Demonstrate strength through hip, knee, and ankle placement for appropriate maintenance of turn-out and injury prevention.</p> <p>DANC 220B - Evaluate and analyze dance activities, video observations and live performances in terms of technical and performance skills.</p>
Requisite Skill:	
Requisite Skill and Matching Skill(s): Bold the requisite skill(s). If applicable	
Requisite course:	
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Enrollment Limitations and Category:	
Enrollment Limitations Impact:	
Course Created by:	
Date:	
Original Board Approval Date:	
Last Reviewed and/or Revised by:	Elizabeth Adamis
Date:	09/18/2022
Last Board Approval Date:	07/17/2023 effective FA 2024