



El Camino College  
COURSE OUTLINE OF RECORD – Official

<b>Subject:</b>	DANC
<b>Course Number:</b>	120A
<b>Descriptive Title:</b>	Beginning Ballet A
<b>Division:</b>	Fine Arts
<b>Department:</b>	Dance
<b>Course Disciplines:</b>	Dance
<b>Catalog Description:</b>	This course is the first in a sequence of two levels of ballet. This course will reinforce basic barre and center work ballet skills and is required of all dance majors. Attendance is required at selected dance events.
<b>Prerequisite:</b>	
<b>Co-requisite:</b>	
<b>Recommended Preparation:</b>	Dance 110
<b>Enrollment Limitation:</b>	
<b>Hours Lecture (per week):</b>	1
<b>Hours Laboratory (per week):</b>	3
<b>Outside Study Hours:</b>	2
<b>Total Hours:</b>	2
<b>Course Units:</b>	2
<b>Grading Method:</b>	Letter Grade and Pass/No Pass
<b>Credit Status:</b>	Credit, degree applicable
<b>Transfer CSU:</b>	Yes
<b>Effective Date:</b>	Prior to July 1992
<b>Transfer UC:</b>	Yes
<b>Effective Date:</b>	Prior to July 1992
<b>General Education: ECC</b>	Area 5 - Health and Physical Education
<b>Term:</b>	
<b>Other:</b>	
<b>CSU GE:</b>	
<b>Term:</b>	
<b>Other:</b>	
<b>IGETC:</b>	
<b>Term:</b>	
<b>Other:</b>	
<b>Student Learning Outcomes:</b>	<b>SLO #1 Demonstrate Steps/Positions of Basic Ballet Vocabulary</b>

	<p>Upon successful completion of this course the student will be able to demonstrate the steps and positions of basic ballet vocabulary.  <b>SLO #2 Ballet Exercises at a Basic Level</b></p> <p>Upon successful completion of this course the student will be able to differentiate between and exhibit the various barre work and center work ballet exercises at a basic level.  <b>SLO #3 Basic Ballet Terminology</b></p> <p>Upon successful completion of this course the student will be able to translate the codification of the basic ballet terminology.</p>
<p><b>Course Objectives:</b></p>	<ol style="list-style-type: none"> <li>1. <ol style="list-style-type: none"> <li>1. Identify and define additional ballet terms for barre and centre floor work; such as battements glisses, battements frappes, ronds de jambes en l'air, petits battements.</li> <li>2. Demonstrate clean foot articulation for batterie and allegro combinations.</li> <li>3. Demonstrate strength through hip, knee and ankle placement for appropriate maintenance of turn-out and injury prevention.</li> <li>4. Identify, define and demonstrate the following movement requiring balance, placement and strength at the barre and center floor including developes, all directions; arabesques and attitudes; demi- and grand ronds de jambes en l'air, en dehors and en dedans; single and multiple pirouettes, en dehors and en dedans, from all positions.</li> <li>5. Identify and demonstrate correct body line in croise, ecarte and efface positions.</li> <li>6. Demonstrate musical phrasing and flow of movement in center for body facings, practice for ports de bras (positions of the arms), arabesques, attitudes, and epaulement.</li> <li>7. Evaluate and analyze dance activities, video observations and live performances in terms of technical and performance skills.</li> <li>8. Execute, reconstruct and/or perform choreography demonstrating flow, musicality, and a working knowledge of step combinations.</li> </ol> </li> </ol>
<p><b>Major Topics</b></p>	<ol style="list-style-type: none"> <li><b>I. Class orientation (4 hours, lecture)</b> <ol style="list-style-type: none"> <li>A. Writing assignments</li> <li>B. Review of placement theory, music theory, and ballet vocabulary</li> </ol> </li> <li><b>II. Review (2 hours, lecture)</b> <ol style="list-style-type: none"> <li>A. Variations on barre exercises from Dance 19ab, with emphasis on upper back and shoulder placement, lyrical porte de bras, attack of leg and foot, lift of weight off the standing leg and balance</li> <li>B. Locomotor movements with emphasis on chasse, glissade and various turns</li> </ol> </li> <li><b>III. Barre exercises (14 hours, lab)</b> <ol style="list-style-type: none"> <li>A. Upper back and should placement</li> <li>B. Lyrical porte de bras</li> <li>C. Staccato use of leg and foot</li> <li>D. Weight shifts from standing leg to working leg</li> <li>E. Frappe and petit battement</li> <li>F. Turn out from hip with emphasis on relaxed knee</li> </ol> </li> <li><b>IV. Additional ballet movements (2 hours, lecture)</b> <ol style="list-style-type: none"> <li>A. Expanded Adagio combinations.</li> <li>B. Developes in all directions</li> <li>C. Ronde de jambes en l'air</li> </ol> </li> </ol>

	<p>D. Arms, head, and shoulder placement (epaulement)</p> <p><b>V. Additional ballet movements (10 hours, lab)</b></p> <p>A. Expanded Adagio combinations.</p> <p>B. Developes in all directions</p> <p>C. Ronde de jambes en l'air</p> <p>D. Arms, head, and shoulder placement (epaulement)</p> <p><b>VI. Self-Evaluation (8 hours, lab)</b></p> <p>A. From video observation</p> <p>B. Terminology and placement corrections</p> <p>C. Barre and centre work</p> <p><b>VII. Introduction to expanded allegro combinations (2 hours, lecture)</b></p> <p>A. Jumps from one foot to the same foot</p> <p>B. Temps leves - sur le cou-de-pied</p> <p>C. Low arabesque</p> <p>D. In low altitude devant and derriere</p> <p>E. Jumps from one foot to the other foot</p> <p>F. Petits jetes - devant and derriere</p> <p>G. Jetes ordinaire - devant, derriere, en avant, en arriere, and de cote</p> <p>H. Coupes - over and under</p> <p>I. Grands jetes</p> <p><b>VII. Introduction to expanded allegro combinations</b></p> <p>A. Jumps from one foot to the same foot</p> <ol style="list-style-type: none"> <li>1. temps leves - sur le cou-de-pied</li> <li>2. low arabesque</li> <li>3. in low altitude devant and derriere</li> </ol> <p>B. Jumps from one foot to the other foot</p> <ol style="list-style-type: none"> <li>1. petits jetes - devant and derriere</li> <li>2. jetes ordinaire - devant, derriere, en avant, en arriere, and de cote</li> <li>3. coupes - over and under</li> <li>4. grands jetes</li> </ol> <p><b>IX. Continuation of allegro steps</b></p> <p>A. Jumps from one foot to two feet:</p> <ol style="list-style-type: none"> <li>1. petites assembles - devant and derriere assembles - devant, derriere, over, under, en avant, en arriere and de cote</li> </ol> <p>B. Pas de chat</p> <p><b>X. Continuation of allegro steps (6 hours, lab)</b></p> <p>A. jumps from one foot to two feet:</p> <ol style="list-style-type: none"> <li>1. petites assembles - devant and derriere</li> <li>2. assembles - devant, derriere, over, under, en avant, en arriere and de cote</li> </ol> <p>B. pas de chat</p> <p><b>XI. Review of all steps and preparation for final project (6 hours, lecture)</b></p> <p><b>XII. Review of all steps and preparation for final project (2 hours, lab)</b></p> <p><b>XIII. Final presentation techniques (4 hours, lab)</b></p>
<b>Total Lecture Hours:</b>	18

<b>Total Laboratory Hours:</b>	54
<b>Total Hours:</b>	72
<b>Primary Method of Evaluation</b>	3) Skills demonstration
<b>Typical Assignment Using Primary Method of Evaluation:</b>	Demonstrate coordination of arms (porte de bras) and head/shoulders (epaulement) in a center adagio incorporating croise, ecarte, and efface facings.
<b>Critical Thinking Assignment 1:</b>	In a written report, compare and contrast the artistic styles of well-known ballet performers such as Marakova and Fonteyn, or Baryshnikov and Nureyev in terms of fluidity, strength, lyricism, character and interpretation of classical ballet roles from video observation.
<b>Critical Thinking Assignment 2:</b>	After critiquing a video of their own performance, the students will present an oral report on how to improve their own balance in pirouette turns.
<b>Other Evaluation Methods:</b>	Class Performance
<b>Instructional Methods:</b>	Demonstration, Group Activities, Lab, Lecture, Multimedia presentations
<b>If other:</b>	
<b>Work Outside of Class:</b>	Journal (done on a continuing basis throughout the semester), Observation of or participation in an activity related to course content (such as theatre event, museums, concert, debate, meeting), Required reading, Skill practice, Written work (such as essay/composition/report/analysis/research)
<b>If Other:</b>	
<b>Up-To-Date Representative Textbooks:</b>	Sandra Noll Hammond. <u>Ballet Basics</u> . 5th ed. Mayfield Publishing Co., 2010. Discipline Standard.
<b>Alternative Textbooks:</b>	
<b>Required Supplementary Readings:</b>	
<b>Other Required Materials:</b>	
<b>Requisite:</b>	
<b>Category:</b>	
<b>Requisite course(s): List both prerequisites and corequisites in this box.</b>	
<b>Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).</b>	
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<b>Requisite and Matching Skill(s): Bold</b>	

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<b>Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).</b>	
<b>Requisite:</b>	Dance 110
<b>Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s). If applicable</b>	<p><b>Basic knowledge of dance terminology and techniques.</b></p> <p>DANC 110 - Identify and demonstrate appropriate standards of attire, language, and discipline for a beginning dance class.</p> <p>DANC 110 - Identify and define basic dance vocabulary and technique skills that are germane to ballet, jazz and modern dance.</p> <p>DANC 110 - Identify and execute dance terms such as plies, degages, turns, triplets, and jumps.</p> <p>DANC 110 -Demonstrate basic barre and center floor patterns that include locomotor movements, directional changes, and spatial adjustments.</p>
<b>Enrollment Limitations and Category:</b>	
<b>Enrollment Limitations Impact:</b>	
<b>Course Created by:</b>	Kimberly K. Clarkson
<b>Date:</b>	01/01/1990
<b>Original Board Approval Date:</b>	
<b>Last Reviewed and/or Revised by:</b>	Daniel Berney
<b>Date:</b>	03/10/2021
<b>Last Board Approval Date:</b>	11/17/2014