

## COSM - 2D - Advanced Preparation for State Board Review

### COURSE OUTLINE OF RECORD

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#### VIII. General Course Information

**Subject:\***

COSM

**Course Number:\*** 2D

**Descriptive Title:\*** Advanced Preparation for State Board Review

**Course Disciplines:\***

Cosmetology

**Division:**

Industry and Technology

**Department:\***

Cosmetology

**Catalog Description:\***

This course is designed to prepare students for the California State Board of Barbering and Cosmetology licensing exams, both the written and practical. Students will complete the remaining 1600 hours of applied skill practices. Simulated state board exams will be administered.

*Note: Prior to enrolling into this course, students must have completed 1300 of the 1600 hours of applied skill practices required by the State Board of Barbering and Cosmetology.*

#### **Conditions of Enrollment:**

**Prerequisite:**

Cosmetology 2C with a minimum grade of C

**Co-requisite:**

**Recommended Preparation:**

**Enrollment Limitation:**

**Course Length:**  Full Term

**Hours Lecture (per week):** 3

**Hours Laboratory (per week):** 15

**Outside Study Hours:\*** 6

**Total Hours:\*** 324

**Course Units:\*** 8

**Grading Method:**

Letter Grade only

**Credit Status:**

Credit, degree applicable

**Transfer CSU:**  Yes  
 No

**Effective Date:** Proposed

**Transfer UC:**  Yes  
 No

**Effective Date:**

**General Education ECC:**

**Term:**

**Other:**

**CSU GE:**

**Term:**

**Other:**

**IGETC:**

**Term:**

**Other:**

**IX. Outcomes and Objectives**

**A. Student Learning Outcomes SLOs** (The course student learning outcomes are listed below.)

**Student Learning Outcomes:****SLO #1**

Students will perform a hair color exam on a mannequin head while following the criteria set forth by the State Board of Barbering and Cosmetology.

**SLO #2**

Students will perform a blow dry on a mannequin head while setting up the equipment needed. Students are to follow State Board of Barbering and Cosmetology health and safety procedures.

**SLO #3**

Students will perform a Sodium Hydroxide relaxer on a mannequin head using simulated products. They will read and follow manufacturer's instructions on their own. Students are to follow State Board of Barbering and Cosmetology health and safety procedures.

**SLO #4**

The students will perform a hair color exam on a mannequin head, while following the criteria set forth by the State Board of Barbering and Cosmetology.

**B. Course Objectives (The major learning objectives for this course are listed below.)****Course Objectives:**

1. Describe the procedure used in cutting hair on a mannequin head in accordance with the State Board of Barbering and Cosmetology.
2. Differentiate between the types of hair color used on a mannequin head in accordance with the State Board of Barbering and Cosmetology exam.
3. Apply the steps needed for an application of artificial nails on a mannequin hand in accordance with the State Board of Barbering and Cosmetology.
4. Correctly answer objective questions on cosmetology safety practices and sanitation procedures for State Board of Barbering and Cosmetology.
5. Demonstrate the application of a facial procedure in a mannequin head in accordance with the State Board of Barbering and Cosmetology.
6. Apply a simulated sodium hydroxide on a mannequin head in accordance with the State Board of Barbering and Cosmetology.
7. Describe the steps used to disinfect manicure equipment in accordance with the State Board of Barbering and Cosmetology.

**X. Outline of Subject Matter**

(Topics should be detailed enough to enable an instructor to determine the major areas that should be covered to ensure consistency from instructor to instructor and semester to semester.)

Example:

- I. Main Topic (3 hours, lecture)
  - A. Sub topics
  - B. Sub topics
    - 1. Super sub topic
    - 2. Super sub topic

**Major Topics:**

**I. ADVANCED STATE BOARD PROCEDURES OF PRINCIPLES OF THERMAL STYLING (5 hours, lecture)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Thermal curling
5. Curl placement
6. Mock testing using curling iron according to the State Board of Barbering and Cosmetology specifications

**II. ADVANCED STATE BOARD REVIEW OF PRINCIPLES OF THERMAL STYLING (67 hours, lab)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Thermal curling
5. Curl placement
6. Mock testing using curling iron according to the State Board of Barbering and Cosmetology specifications

**III. ADVANCED STATE BOARD REVIEW OF PERMANENT WAVING (10 hours, lecture)**

1. Safety practices
2. Sanitation and disinfection
3. Protective cream and cotton placement
4. Table set up and tools
5. Sectioning and rod placement
6. Saturation, test curl, removing rod
7. Mock testing-wrapping a permanent wave according to the State Board of Barbering and Cosmetology

**IV. ADVANCED STATE BOARD REVIEW OF PERMANENT WAVING (62 hours, lab)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Protective cream and cotton placement
5. Sectioning and rod placement
6. Saturation, test curl, removing rod
7. Mock testing-wrapping a permanent wave according to the State Board of Barbering and Cosmetology

**V. ADVANCED STATE BOARD REVIEW OF CHEMICAL RELAXING (5 hours, lecture)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools

4. Product knowledge
5. Basing the scalp
6. Sectioning and sub sectioning
7. Chemical application and smoothing
8. Mock testing for chemical relaxing according to the State Board of Barbering and Cosmetology

**VI. ADVANCED STATE BOARD REVIEW OF CHEMICAL RELAXING (13 hours, lab)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Product knowledge
5. Basing the scalp
6. Sectioning and sub sectioning
7. Chemical application and smoothing
8. Mock testing for chemical relaxing according to the State Board of Barbering and Cosmetology

**VII. ADVANCED STATE BOARD REVIEW OF HAIR CUTTING (10 hours, lecture)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Sectioning and sub sectioning
5. Perimeter guide and traveling guide
6. Blending and face framing
7. Proper use of razor and shears
8. Mock testing for hair cutting according to the State Board of Barbering and Cosmetology

**VIII. ADVANCED STATE BOARD REVIEW OF HAIR CUTTING (26 hours, lab)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Sectioning and sub section
5. Perimeter and traveling guide
6. Blending and face framing
7. Proper use of shears and razor
8. Mock testing for hair cutting according to the State Board of Barbering and Cosmetology

**IX. ADVANCED STATE BOARD REVIEW OF HAIR COLORING (10 hours, lecture)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Sectioning and sub section
5. Hair color application
6. Mock testing for hair coloring according to the State Board of Barbering and

**X. ADVANCED STATE BOARD REVIEW OF HAIR COLORING (62 hours, lab)**

1. Safety practices
2. Sanitation disinfection
3. Table set up and tools
4. Sectioning and sub section
5. Hair color application
6. Mock testing for hair coloring according to the State Board of Barbering and Cosmetology

**XI. ADVANCED STATE BOARD REVIEW OF BLEACHING (4 hours, lecture)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Sectioning and sub section
5. Application of bleach on virgin hair
6. Mock testing for hair bleaching according to the State Board of Barbering and Cosmetology

**XII. ADVANCED STATE BOARD REVIEW OF BLEACHING (14 hours, lab)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Sectioning and sub section
5. Application of bleach on virgin hair
6. Mock testing for hair bleaching according to the State Board of Barbering and Cosmetology

**XIII. ADVANCED STATE BOARD REVIEW OF FACIAL TREATMENTS (5 hours, lecture)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tool
4. Product knowledge
5. Cleansing and makeup removal
6. Mask application and removal
7. Massage
8. Moisturizer and toner
9. Mock testing for facial treatment according to the State Board of Barbering and Cosmetology

**XIV. ADVANCED STATE BOARD REVIEW OF FACIAL TREATMENTS (13 hours, lab)**

1. Safety practices
2. Sanitation and disinfection
3. Table set up and tools
4. Product knowledge

- 5. Cleansing and removal
- 6. Mask application and removal
  
- 7. Massage
- 8. Moisturizer and toner
- 9. Mock testing for facial treatment according to the State Board of Barbering and Cosmetology

**XV. ADVANCED STATE BOARD REVIEW OF MANICURING AND ARTIFICIAL NAILS (5 hours, lecture)**

- 1. Safety practices
- 2. Sanitation and disinfection
- 3. Table set up and tools
- 4. Form application
- 5. Monomer and polymer application
- 6. Filing and buffing
- 7. Mock testing for one artificial nail according to the State Board of Barbering and Cosmetology

**XVI. ADVANCED STATE BOARD REVIEW OF MANICURING AND ARTIFICIAL NAILS (13 hours, lab)**

- 1. Safety practices
- 2. Sanitation and disinfection
- 3. Table set up and tools
- 4. Form application
- 5. Monomer and polymer application
- 6. Filing and buffing
- 7. Mock testing for one artificial nail according to the State Board of Barbering and Cosmetology

**Total Lecture Hours:** 54

**Total Laboratory Hours:** 270

**Total Hours:** 324

**XI. Primary Method of Evaluation and Sample Assignments**

**A. Primary Method of Evaluation (choose one):**

Primary Method of Evaluation

**B. Typical Assignment Using Primary Method of Evaluation**

**Typical Assignment Using Primary Method of Evaluation** Perform a haircut on a mannequin head in accordance with the State Board of Barbering and Cosmetology.

### C. College-level Critical Thinking Assignments

**Critical Thinking Assignment 1:** Perform a permanent wave on a mannequin head using the appropriate procedures in accordance with the State Board of Barbering and Cosmetology. When completed, consult instructor for evaluation.

**Critical Thinking Assignment 2:** In a one-page report, define the steps of sanitation and disinfection according to the State Board rules and regulations. Submit report to the instructor.

### D. Other Typical Assessment and Evaluation Methods

**Other Evaluation Methods:**  Class Performance  Completion  Homework Problems  Laboratory Reports  
 Matching Items  Multiple Choice  Oral Exams  True/False

**If Other:**

## XII. Instructional Methods

*Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.*

**Instructional Methods:**  Demonstration  Discussion  Field trips  Group Activities  Guest Speakers  
 Lab  Lecture  Multimedia presentations  Other (specify)  
 Role play/simulation

**If other:** Internet Presentation/Resources

## XIII. Work Outside of Class

**Work Outside of Class**  Answer questions  
 Journal (done on a continuing basis throughout the semester)  
 Problem solving activity  Required reading  Skill practice  Study  
 Written work (such as essay/composition/report/analysis/research)

**If Other:**

## XIV. Texts and Materials

**A. Up-to-date Representative Textbooks: (Please use the following format: Author, Title, Edition,**  
**Page 9 of 12**

Publisher, Year. If you wish to list a text that is more than 5 years old, please annotate it as a “discipline standard”.)

Up-To-Date Representative Textbooks:

Milady, Milady Standard Cosmetology, 2016 ed., GENGAGE Learning, 2016.

B. Alternative Textbooks: (Please use the following format: Author, Title, Edition, Publisher, Year. If you wish to list a text that is more than 5 years old, please annotate it as a “discipline standard”.)

Alternative Textbooks:

C. Required Supplementary Readings

Required Supplementary Readings:

D. Other Required Materials

Other Required Materials:

- Blow dryer
- Brushes: Denman, vent, styling
- Clips: coif (box of 12), curl (box of 100)
- Combs: finger wave, haircutting, styling, tail
- Curling iron
- Cuticle nipper with case
- Emery board (box of 5)
- Gloves, rubber
- Manikin head
- Hair shaper with blades
- Pressing comb, Marcel curling irons
- Electric curling iron
- Orange wood sticks
- Nail: brush, file, tips, wrap kit
- Nail polish kit
- Notebook, paper, pen, pencil
- Perm rods (5 dozen)
- Roller bag
- Shampoo cape
- Shears: haircutting, thinning, razor
- Shoes, black
- Smock, black
- Spatula
- Stand
- Steel Pusher
- Triangle net
- Tweezers
- Facial kit, Make up
- Hair removal kit

**A. Requisites (Course Prerequisites and Corequisites) Skills needed without which a student would be highly unlikely to succeed.**

Requisite **Prerequisite**

Category **sequential**

Requisite course: Cosmetology 2C with a minimum grade of C

**Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).**

**Ability to perform a haircut on a client.**

COSM 2C - Correctly answer objective questions on cosmetology safety practices and sanitation procedures for State Board of Barbering and Cosmetology.

COSM 2C - Compare and Contrast methods of different hair coloring, hair cutting, and styling.

**Ability to perform a virgin hair color on a client.**

COSM 2C - Measure the types of hair bleach and high-lift color for State Board of Barbering and Cosmetology exam.

**Ability to disinfect tools used in a state board setting.**

COSM 2C - Describe the steps used for disinfection Spa Pedicure tub base on the State Board of Barbering and Cosmetology procedures.

**B. Requisite: (Non-Course Prerequisite and Corequisites) Skills needed without which a student would be highly unlikely to succeed.**

Requisite:

**Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s). if applicable**

**C. Recommended Preparations (Course) (Skills with which a student's ability to succeed will be strongly enhanced.)**

Requisite course:

**Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).**

**D. Recommended Preparation (Non-Course) (Skills with which a student's ability to succeed will be strongly enhanced.)**

**Requisite:**

**Requisite and Matching skill(s):**  
**Bold the requisite skill. List the corresponding course objective under each skill(s). if applicable**

**E. Enrollment Limitations**

**Enrollment Limitations and Category:**

**Enrollment Limitations Impact:**

**Course Created by:** Patricia Gebert

**Date:** 09/30/2016

**Board Approval Date:** 06/19/2017

**Last Board Approval Date:**

**Last Reviewed and/or Revised by:** Charlene Brewer-Smith

**Date:** 03/05/2019