

COSM - 20 - Introduction to Esthetician

COURSE OUTLINE OF RECORD

VIII. General Course Information

Subject:*

COSM

Course Number:* 20

Descriptive Title:* Introduction to Esthetician

Course Disciplines:*

Cosmetology

Division:

Industry and Technology

Department:*

Cosmetology

Catalog Description:*

This course is an introduction to the principles of esthetician procedures. Students are introduced to the theory and practices of esthetician applications for facial, health, client protection and safety, hair removal and makeup applications. The lab is designed to support the esthetician student with an extensive opportunities for the development of esthetician skills, techniques, safety and sanitation practices according to the California State Board of Barbering and Cosmetology.

Note: Upon completion of the esthetician program, students are expected to have a minimum of 600 hours of applied skill practice required by the State Board of Barbering and Cosmetology. Students will complete a minimum of 300 hours of esthetician training in this course.

Conditions of Enrollment:

Prerequisite:

Co-requisite:

Recommended Preparation:

Enrollment Limitation:

Course Length: Full Term

Hours Lecture (per week): 5

Hours Laboratory (per week): 15

Outside Study Hours:* 10

Total Hours:* 360

Course Units:* 10

Grading Method: Letter Grade only

Credit Status: Credit, degree applicable

Transfer CSU: Yes No

Effective Date: 1/20/2016

Transfer UC: Yes No

Effective Date:

General Education ECC:

Term:

Other:

CSU GE:

Term:

Other:

IGETC:

Term:

Other:

IX. Outcomes and Objectives

A. Student Learning Outcomes SLOs (The course student learning outcomes are listed below.

Student Learning Outcomes:

SLO #1 Manual Facial Principles

Students will demonstrate the manual facial principles for client applications. Students will use three different facial manipulations. They will consult client for face analysis and set up work area. Students are to follow State Board of Barbering and Cosmetology sanitation procedures.

SLO #2 Eyebrow Shaping

Students will practice eyebrow shaping. Students will arrange a client consultation and practice an eyebrow shaping technique. Students will use wax or tweezers on a client. Students are to follow sanitation criteria of State Board of Barbering and Cosmetology.

SLO #3 Compare and Contrast Facials

Students will compare and contrast manual, electrical and chemical facials. Students will prepare the basic set up for hair chemical facial for the client. Students will analyze client skin.

B. Course Objectives (The major learning objectives for this course are listed below.)

Course Objectives:

1. Classify all facial types.
2. Compare and contrast between a manual and electrical facial.
3. Describe products needed for dry facial skin.
4. Demonstrate one type of depilatory service.
5. Demonstrate a procedure to apply make-up on clients.
6. List the steps used for a manual facial according to the State Board of Barbering and Cosmetology procedures including legal and health issues.

X. Outline of Subject Matter

(Topics should be detailed enough to enable an instructor to determine the major areas that should be covered to ensure consistency from instructor to instructor and semester to semester.)

Example:

- I. Main Topic (3 hours, lecture)
 - A. Sub topics
 - B. Sub topics
 1. Super sub topic
 2. Super sub topic

Major Topics:

I. PRINCIPLES OF FACIALS (11.25 hours, lecture)

1. Manual
2. Electrical
3. Chemical
4. Product application and removal procedures

II. PRINCIPLES OF FACIALS (33.75 hours, lab)

1. Manual
2. Electrical
3. Chemical
4. Product application and removal procedures

III. PRINCIPLES OF CLIENT PREPARATION (11.25 hours, lecture)

1. Client consultation
2. Intake procedures
3. Contraindications
4. Professionalism

IV. PRINCIPLES OF CLIENT PREPARATION (33.75 hours, lab)

1. Client consultation
2. Intake procedures
3. Contraindications
4. Professionalism

V. PRINCIPLES OF LAWS AND REGULATIONS (11.25 hours, lecture)

1. State Board of Barbering and Cosmetology procedures
2. Salon procedures

VI. PRINCIPLES OF LAWS AND REGULATIONS (33.75 hours, lab)

1. State Board of Barbering and Cosmetology procedures
2. Salon procedures

VII. PRINCIPLES OF HEALTH AND SAFETY (11.25 hours, lecture)

1. Establishments
2. Material Safety Data Sheet (MSDS)
3. Protection from hazardous
4. Preventing injuries
5. Health and safety laws/agencies
6. Communicable diseases
7. Chemical compositions

VIII. PRINCIPLES OF HEALTH AND SAFETY (33.75 hours, lab)

1. Establishments

1. Establishments
2. MSDS
3. Protection from hazardous
4. Preventing Injuries
5. Health and safety laws/agencies
6. Communicable diseases
7. Chemical composition

IX. PRINCIPLES OF DISINFECTION AND SANITATION (11.25 hours, lecture)

1. Health and Safety for consumer/technician
2. Disinfection procedures

X. PRINCIPLES OF DISINFECTION AND SANITATION (33.75, hours lab)

1. Health and safety for consumer/technicians
2. Disinfection procedures

XI. PRINCIPLES OF HUMAN ANATOMY AND PHYSIOLOGY (11.25 hours, lecture)

1. Cells
2. Tissue
3. Organs
4. System and functions

XII. PRINCIPLES OF HUMAN ANATOMY AND PHYSIOLOGY (33.75 hours, lab)

1. Cells
2. Tissue
3. Organs
4. System and functions

XIII. PRINCIPLES OF HAIR REMOVAL (11.25 hours, lecture)

1. Eyebrows
2. Hair analysis
3. Waxing
4. Tweezing

XIV. PRINCIPLES OF HAIR REMOVAL (33.75 hours, lab)

1. Eyebrows
2. Hair analysis
3. Waxing
4. Tweezing

XV. PRINCIPLES OF MAKEUP (11.25 hours, lecture)

1. Skin analysis
2. Basic application
3. Corrective applications

XVI. PRINCIPLES OF MAKEUP (33.75 hours, lab)

1. Skin analysis
2. Basic application
3. Correction application

Total Lecture Hours: 90

Total Laboratory Hours: 270

Total Hours: 360

XI. Primary Method of Evaluation and Sample Assignments

A. Primary Method of Evaluation (choose one):

Primary Method of Evaluation

B. Typical Assignment Using Primary Method of Evaluation

Typical Assignment Using Primary Method of Evaluation: Prepare a client for an exfoliation service. Select the formula for the skin type and proceed with the correct procedure. When procedure is completed, consult the instructor.

C. College-level Critical Thinking Assignments

Critical Thinking Assignment 1: On a client demonstrate two facial manipulations used for a manual facial. Compose a one-page report on the techniques used and submit report to the instructor.

Critical Thinking Assignment 2: Analyze a client's skin type, prepare the client's skin and select the proper settings for an electrical facial. Compose a one-page report on the health and safety regulations used and submit to the instructor.

D. Other Typical Assessment and Evaluation Methods

Other Evaluation Methods:

If Other:

XII. Instructional Methods

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

Instructional Methods: Demonstration Discussion Field trips Group Activities Guest Speakers
 Lab Lecture Multimedia presentations

If other: Internet Presentation/Resources

XIII. Work Outside of Class

Work Outside of Class Answer questions Problem solving activity Required reading Skill practice
 Study Written work (such as essay/composition/report/analysis/research)

If Other:

XIV. Texts and Materials

A. Up-to-date Representative Textbooks: (Please use the following format: Author, Title, Edition, Publisher, Year. If you wish to list a text that is more than 5 years old, please annotate it as a “discipline standard”.)

Up-To-Date Representative Textbooks: Milady Publishing Company Staff. Miladys Standard Esthetics Fundamentals. 11th ed. Cengage Learning , 2012. Qualifier Text: INDUSTRY STANDARD
 Poise Make Up Professional, MAKE-UP KIT, 2019

B. Alternative Textbooks: (Please use the following format: Author, Title, Edition, Publisher, Year. If you wish to list a text that is more than 5 years old, please annotate it as a “discipline standard”.)

Alternative Textbooks:

C. Required Supplementary Readings

Required Supplementary Readings: THE SKIN CARE ANSWER BOOK by Mark Less - Cengage Learning - 2011 - Industry Standard

D. Other Required Materials

Other Required Materials: Mariana, Esthetician Student Kit, Mariana

XV. Conditions of Enrollment

A. Requisites (Course Prerequisites and Corequisites) Skills needed without which a student would be highly unlikely to succeed.

Requisite

Category

Requisite course:

Requisite and Matching skill(s):
Bold the requisite skill. List the corresponding course objective under each skill(s).

B. Requisite: (Non-Course Prerequisite and Corequisites) Skills needed without which a student would be highly unlikely to succeed.

Requisite:

Requisite and Matching skill(s):
Bold the requisite skill. List the corresponding course objective under each skill(s). if applicable

C. Recommended Preparations (Course) (Skills with which a student’s ability to succeed will be strongly enhanced.)

Requisite course:

Requisite and Matching skill(s):
Bold the requisite skill. List the corresponding course objective under each skill(s).

D. Recommended Preparation (Non-Course) (Skills with which a student’s ability to succeed will be strongly enhanced.)

Requisite:

Requisite and Matching skill(s):
Bold the requisite skill. List the corresponding course objective under each skill(s). if applicable

E. Enrollment Limitations

**Enrollment
Limitations and
Category:**

**Enrollment
Limitations Impact:**

Course Created by: Patricia Gebert

Date: 07/15/2014

Board Approval Date: 01/20/2016

**Last Board Approval
Date:** 05/21/2018

**Last Reviewed and/or
Revised by:** Charlene Brewer-Smith

Date: 03/03/2020