



El Camino College  
**COURSE OUTLINE OF RECORD – Official**

<b>Subject:</b>	HDEV
<b>Course Number:</b>	510
<b>Descriptive Title:</b>	College Success and Educational Planning Series
<b>Division:</b>	Behavioral and Social Sciences
<b>Department:</b>	Human Development
<b>Course Disciplines:</b>	Human Development
<b>Catalog Description:</b>	This noncredit, open entry/open exit course provides students with information, skills, and resources necessary for successful educational experiences. Topics include orientation to college, college readiness, student responsibility in a diverse college setting, learning styles and lifelong learning, goal setting for college and career, educational planning, study skills, time management, support networks, and college resources.
<b>Prerequisite:</b>	
<b>Co-requisite:</b>	
<b>Recommended Preparation:</b>	
<b>Enrollment Limitation:</b>	
<b>Hours Lecture (per week):</b>	1
<b>Hours Laboratory (per week):</b>	0
<b>Outside Study Hours:</b>	2
<b>Total Course Hours:</b>	18
<b>Course Units:</b>	0
<b>Grading Method:</b>	Pass/No Pass/SP
<b>Credit Status:</b>	Non Credit
<b>Transfer CSU:</b>	No
<b>Effective Date:</b>	
<b>Transfer UC:</b>	No
<b>Effective Date:</b>	
<b>General Education ECC:</b>	
<b>Term:</b>	
<b>Other:</b>	
<b>CSU GE:</b>	
<b>Term:</b>	
<b>Other:</b>	
<b>IGETC:</b>	
<b>Term:</b>	
<b>Other:</b>	

	<p><b>SLO #1 Educational Planning, Clarifying the Path</b></p> <p>Students will identify options, resources, and requirements for achieving academic and professional goals and creating an educational plan.</p> <p><b>SLO #2 College and Career Goals, Entering the Path</b></p> <p>Students will identify the components of self-awareness and demonstrate effective goal-setting to create a plan for achieving educational and career goals.</p> <p><b>SLO #3 Student Success and Learning, Staying on the Path</b></p> <p>Students will describe the personal qualities and skills necessary to achieve academic goals, cultivate an effective support network, and ensure learning.</p>
<p><b>Student Learning Outcomes:</b></p>	<p><b>Course Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Analyze expectations, culture, study skills, and customs for success in college.</li> <li>2. Apply self-awareness to identify personal strengths, interests, and values.</li> <li>3. Understand options and choices in higher education.</li> <li>4. Describe resources and strategies for exploring majors and careers.</li> <li>5. Explain and apply the components necessary to create an individual educational plan.</li> <li>6. Describe the components of effective goal setting and develop educational and professional goals.</li> <li>7. Utilize strategies for effective time management and develop a time management plan.</li> <li>8. Identify and access college resources and services that support student success, equity, health, and well-being in college.</li> <li>9. Examine individual learning strengths and strategies for maximizing learning.</li> </ol>
<p><b>Major Topics:</b></p>	<p><b>I. Orientation to College and El Camino College (2 hours, lecture)</b></p> <p>A. Student Outcomes in Higher Education</p> <p>B. Orientation to College Culture, Customs, and Resources</p> <p>C. Personal Qualities and Study Skills for College Success</p> <ol style="list-style-type: none"> <li>1. First-Generation College Students</li> </ol> <p>D. Student Rights and Responsibilities</p> <ol style="list-style-type: none"> <li>1. Academic Integrity</li> <li>2. Registration Procedures and Resources</li> </ol> <p>E. Financial Information and Resources</p> <p><b>II. Clarifying the Path: Educational Planning (4 hours, lecture)</b></p> <p>A. Self-Awareness</p>

1. Personality, Interests, Values
  2. Cultural Wealth and Personal Strengths
  3. Majors Exploration
- B. Options and Choices in College
1. Equity, Diversity, Inclusion, and Access in Higher Education
  2. Majors and Meta-Majors
  3. Certificates, Associate Degrees, Transfer
- C. Developing an Educational Plan
1. Resources and Strategies for Educational Planning
  2. Components of an Educational Plan
- D. Identifying Career Interests
1. Resources and Strategies for Career Exploration
- III. Entering the Path: Decision-Making and Goal-Setting (3 hours, lecture)**
- A. Responsible Decision-Making
- B. Effective Goal-Setting
- IV. Staying on the Path: Mastering Self-Management (3 hours, lecture)**
- A. Time Management Tools and Systems
- B. Schedules and Planners
- C. Developing Self-Discipline
- V. Staying on the Path: Developing Interdependence (2 hours, lecture)**
- A. Creating a Support Network
- B. Diversity, Equity, Inclusion, and Access Resources
- C. Academic Support Services
- D. Student Support Services
- VI. Staying on the Path: Health and Well-Being Strategies and Resources (2 hours, lecture)**

	<p>A. Physical Health</p> <ol style="list-style-type: none"> <li>1. Components of Wellness</li> <li>2. Basic Needs Resources</li> </ol> <p>B. Mental Health</p> <ol style="list-style-type: none"> <li>1. Effective Stress Management</li> <li>2. Building High Self-Esteem</li> <li>3. Emotional Intelligence and Managing Strong Emotions</li> <li>4. Strategies for Increasing Happiness</li> </ol> <p><b>VII. Ensuring Learning: Learning Preferences and Lifelong Learning (2 hours, lecture)</b></p> <p>A. Approaches to Learning</p> <p>B. Learning Strengths and Preferences</p>
<b>Total Lecture Hours:</b>	18
<b>Total Laboratory Hours:</b>	0
<b>Total Hours:</b>	18
<b>Primary Method of Evaluation:</b>	1) Substantial writing assignments
<b>Typical Assignment Using Primary Method of Evaluation:</b>	Apply the resources and strategies for major exploration utilized in class to the El Camino College catalog. Identify two potential majors from associate, bachelor, or transfer degrees and in any metamajor. Carefully review the objectives, preparation, requirements and course descriptions for each major. In a two- to three-page paper, summarize what you have learned about the major and assess how well it fits with what you have learned in class about your personal strengths, interests, and values. Illustrate your work with examples from your learning in this class.
<b>Critical Thinking Assignment 1:</b>	Using the list of academic and student support programs utilized in class, summarize the services provided, location, and any requirements for accessing each program. Attach a one-page paper, answer the following questions: 1) Which three programs do you believe are most important for student success? Explain your answer and describe, specifically, how the programs could support your success as a student. 2) Develop a plan for following up with at least two of the academic and student support programs, including details for how, where, and when you will follow up.
<b>Critical Thinking Assignment 2:</b>	Create a plan which includes short-term and long-term educational and career goals. Compare your goals to the samples provided and evaluate them using the goal-setting rubric discussed in class. Determine whether your goals meet the DAPPS criteria: Dated, Achievable, Personal, Positive, and Specific. Make any necessary revisions to your plan based upon your assessment.
<b>Other Evaluation Methods:</b>	Journal kept throughout course, Other (specify), Written Homework
<b>If Other:</b>	Essays
<b>Instructional Methods:</b>	Discussion, Guest Speakers, Lecture

<b>If other:</b>	
<b>Work Outside of Class:</b>	Answer questions, Journal (done on a continuing basis throughout the semester), Required reading, Study, Written work (such as essay/composition/report/analysis/research)
<b>If Other:</b>	
<b>Up-To-Date Representative Textbooks:</b>	
<b>Alternative Textbooks:</b>	Current El Camino College Catalog
<b>Required Supplementary Readings:</b>	
<b>Other Required Materials:</b>	
<b>Requisite</b>	
<b>Category</b>	
<b>Requisite course:</b>	
<b>Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).</b>	
<b>Requisite Skill:</b>	
<b>Requisite Skill and Matching skill(s): Bold the requisite skill(s). if applicable</b>	
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<b>Enrollment Limitations and Category:</b>	
<b>Enrollment Limitations Impact:</b>	

<b>Course Created by:</b>	Kristie Daniel-DiGregorio and Juli Soden
<b>Date:</b>	06/01/2023
<b>Original Board Approval Date:</b>	01/17/2024 effective FALL 2024